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**Chefs add expertise
to school lunchroom foods.**

Food, Page 1C

**National buyout bringing
protests from shoppers.**

News, Page 7A

Granite City Journal

SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS

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VOLUME 19, NUMBER 19

WEDNESDAY, MARCH 8, 1995

THIRTY-FIVE CENTS



Joe Glik, left, makes a pledge to Mayor Ron Selph for the youth center.

A \$100,000 boost Glik donation starts Youth Center drive

By Bob Slate
Staff writer

For more than 90 years, the Glik family has been clothing young people in the Metro East. Now, Joe Glik wants to give something back. Glik has pledged to donate \$100,000 to the Mayor's Youth Center in Granite City.

"This gift is my way of thanking the community for their support of our family's business for more than 90 years," Glik said. "I hope the recreation center will benefit the young people of Granite City for many years to come."

The youth center is the dream of Mayor Ron Selph. Selph was overjoyed by the Glik donation. "The benevolence of the Glik family far exceeds our wildest dreams for the kickoff of our youth center drive," Selph said.

"The donation shows the concern the Glik family has for Granite City, its young people and its future. It exemplifies the need and shows the importance of such a facility," Selph said.

As a former police officer, Selph knows how

(See CENTER, Page 8A)

Lead pile removal too costly — EPA

By Bob Slate
Staff writer

While removing a 290,000-ton lead pile from downtown Granite City would eliminate the source of possible future groundwater contamination, a federal agency is recommending against such a solution because of the costs associated with it.

"It boils down to capping (the 30-acre lead pile at 16th Street and Cleveland Boulevard), which would put a barrier between people and the contamination, or removal, which would completely eliminate contamination," said Brad Bradley, project manager for the U.S. Environmental Protection Agency's National Industries Tararop Superfund site.

"The difference in cost between the two (solutions) is about \$30 million. We didn't feel it was worth \$30 million more to

contain the groundwater problem when we can actually do that quite easily," Bradley told a crowd of about 50 who attended a public hearing Monday night on the proposed Superfund clean-up.

U.S. EPA is recommending grading the existing lead pile, capping it with clay and dirt and then planting grass over it. The cost of that action — which would take place after EPA removes soil from about 1,600 residential yards contaminated with lead and adds it to the pile — is estimated at about \$4.8 million.

To deal with groundwater contamination below the pile — first discovered by the Illinois EPA in 1982 and rediscovered by U.S. EPA in 1992 — U.S. EPA recommends installing a series of extraction wells to control the flow of contamination, treating

the water on site and disposing of it in the local publicly-owned treatment facility. The EPA estimates the cost to dig wells, treat contamination and ship the water to the Granite City Wastewater Treatment Plant at about \$3 million.

Removal of the lead pile would cost about \$35 million, Bradley said.

"We looked extensively into the possibility of recycling the pile (at a secondary smelter). But we found it would take about 20 years to get rid of the lead," Bradley said — about the same cost to dispose of the pile in an off-site landfill.

He also said the potential for recontamination in the nearby area would be greater during the removal process.

Several residents expressed concerns about the proposed

(See LEAD, Page 8A)

Talks convince man to give up

Officers from the Granite City and Madison police departments and Madison County Sheriff's Department and Illinois State Police first discovered the man sitting alone in his car on the parking lot of the vacant Popeye's Fried Chicken restaurant, 2868 Madison Avenue, at about 5:30 a.m. Monday.

The man fled police in his gold Acura after an officer approached the car to check on his welfare, according to police

reports. Police chased the car up Madison Avenue and managed to corral the car on the Save-A-Lot parking lot.

But when an officer approached the car there, the man held a .38-caliber revolver to his own head and threatened suicide, police said.

Officers retreated and negotiations with the man took place for nearly an hour before he was convinced to lower his weapon and surrender, police said.

Apartment complex plans abandoned

By Scott Cousins
Staff writer

Citing complaints from area residents, a Missouri company is abandoning plans to build a \$3.1 million 48-unit apartment complex next to Word of Life Tabernacle on Maryville Road.

Local residents had mounted a petition drive against the development, citing problems with the poor drainage and the area's high water table. Some residents had also been concerned about the type of tenants the development would attract.

One of the drive's supporters, Helen Hawkins, said all the people collecting petitions deserved credit for the announcement.

(See PLANS, Page 8A)

'Dirty merf' impresses officials

Dirty markets called plentiful, 2A

By Bob Slate
Staff writer

When it comes to selecting a recycling facility for Madison County, seeing is believing for Granite City officials.

A group of seven Granite City officials traveled to Medina County, Ohio last week to tour a mixed waste materials recovery facility (merf) there.

"Viewing the facility has convinced me that the mixed waste merf is the way to go," said Terry Kelahan, superintendent of the Granite City Wastewater Treatment Plant.

Mayor Ron Selph asked Kelahan to tour the Medina County Solid Waste District's Central Processing Facility, built and operated by Norton Environmental, a private waste management systems and services company.

Other city officials viewing the facility last week were Alderman Nick Petrillo, chairman of the City Council's Sanitation Committee; aldermen Bob Shipley, Bob Page, Kim Afolter and Sandy Critch; and City Clerk Judy Whitaker.

A state law mandates that municipalities reduce the waste sent to landfills by 25 percent by the summer of 1996.

Madison County officials have tried to coordinate the effort to comply with the law and the County Board's Environmental Committee is recommending a curb-side recycling plan which includes a clean merf and a \$2 million facility that will accept and process recyclable materials presorted by residents. County officials estimate that residents would pay about \$2 per month more in hauling fees if the clean merf plan is implemented.

But Norton Environmental — which submitted a bid on the proposed county recycling facility — is trying to convince



(Staff photo by BOB SLATE)

Louis Perez, left, vice president of marketing for Norton Environmental, shows Granite City aldermen Nick Petrillo, center, and Nick Afolter a dumpster at the Medina County, Ohio, Central Processing Facility, where residents can drop off white goods such as hot water heaters, washing machines and refrigerators.

municipal officials that a privately-owned, \$8 million mixed-waste facility (or dirty merf) would capture a larger percentage of the waste stream more conveniently for residents and at the same cost to residents as the county's clean merf plan.

"If (the mixed-waste merf) can meet the state mandate for recycling, divert a larger percentage of the waste stream from landfills, do it for the same cost (as a curb-side recycling program) and more

conveniently for residents, why would the county want to implement a curb-side program?" asked Louis Perez, vice president of marketing for Norton Environmental.

Perez said the mixed waste system ensures 100 percent participation — virtually impossible with curb-side programs — because recyclable materials are recovered directly from residential and commercial garbage.

(See TOUR, Page 8A)

In the Journal	
Index	Deaths
Calendar.....9B	Lewis Afolter
Classified.....1D	Helen Wofford
Entertainment.....6B	Ruth Brown
Family.....8B	Ruth Stephan
Horoscope.....6B	Gerald Brown
Obituaries.....8A	Cleta Shearlock
Sports.....1B	Wilma Opich

Coming Thursday
People: Koch Family Health Center takes pressure off hospital emergency room.

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GOP to host Kustra, Ryan
Lt. Gov. Bob Kustra and Secretary of State George Ryan will be attending the Madison County Republican Lincoln Day Dinner on Saturday at the Knights of Columbus Hall in Bethalto.
Angela Waters (254-0676) has information on tickets, \$20 each.

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The walls came down — Workers from Jerry Williams and Sons Contractors demolished a building at the corner of Niedringhaus Avenue and State Street last week as part of the Callis Law Firm's redevelopment project in the Granite City downtown tax increment finance district. The site of the former building will be used as a parking lot.

(Staff photo by BOB SLATE)

Milestones

Susan McGehee celebrated her birthday March 1.
Cindy O'Neill celebrated her birthday March 1.
Barbara Thomas celebrated her 37th birthday March 2.
Bob Cook celebrated his 34th birthday March 4.
Fran Page celebrated her birthday March 5.
Linda Green will celebrate her 47th birthday today, March 8.
Venida (Goodnight) McCart will celebrate her 71st birthday March 9.
Beverley (Ayres) Carpenter will celebrate her 52nd birthday

March 9.
Crissey Kudelka will celebrate her birthday March 9.
Karen Grider will celebrate her birthday March 10.
Sheldon Murphy will celebrate his 10th birthday March 10.
Don Wilson Jr. will celebrate his 33rd birthday March 10.
Glenn Davis will celebrate his birthday March 10.
For a mention in the milestones listings, send a POST-CARD with information to: MILESTONES, Granite City Press-Record/Journal, 1815 Delmar Ave., Granite City, 62040.

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Drive comes up empty: Parks College to move

By Mike Viola
Staff writer

For the past week, local, state and federal officials wanting to keep Parks College in Cahokia tried one last ditch effort to convince St. Louis University trustees to delay a decision on a possible move of the college.

But those efforts came up empty Saturday when SLU decided that it would move Parks College to its St. Louis campus.

Area officials met for a final time with university administrators Feb. 27 and were told that Parks College had numerous difficulties facing it as long as the college continued to stay in Cahokia.

"They told us the challenges that they are facing at this location and we had to determine what the State of Illinois can do to assist them in overcoming those challenges," said State Rep. Wyvetter Young.

Young noted that for the past week, work was performed around the clock to try to come up with some type of financial plan that would convince the

SLU Board of Trustees to reconsider a move to St. Louis.

Gary McDonald, associate director of public relations for SLU, gave Illinois politicians some hope earlier when he said that although he expected the board to approve the move on Saturday there still existed a possibility that a decision could be delayed.

However, the general feeling from many who attended Monday's meeting was that the decision had been made to move to St. Louis and the board's action Saturday was a mere formality. Young, along with Mayor Mike King, lead the effort to try

and keep Parks College located in Cahokia.

They were joined in the effort by U.S. Rep. Jerry Costello, U.S. Senator Carol Mosley-Braun and received help from the office of Gov. Jim Edgar.

The newly formed Commission for the Enhancement of Cahokia was also involved in the save Parks effort by coordinating petition drives, letter writing campaigns and hanging blue ribbons around the village to show support for keeping Parks in Cahokia.

But area officials trying to (See PARKS, Page 8A)

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SEMC doctor discusses cholesterol, diet

Heart disease remains top cause of death

Diseases of the heart and blood vessels are still the leading cause of death, accounting for 1,021,630 deaths a year, according to Dr. George Williams. Cancer is a distant second.

"We are making progress," Williams said during a discussion of "Cholesterol, Diet and You" at a recent brown-bag lunch presentation at St. Elizabeth Medical Center.

"We are changing our treatment methods, for example, encouraging heart patients to exercise and make other lifestyle changes. The deaths from cardiovascular disease per population have become 15

percent lower since 1980," Williams said many people have the feeling that anything that tastes good must be bad for you. In many instances this is true. Previous generations ate a lot of rich foods that were very high in calories and fat. In a farming population where a tremendous amount of calories were burned each day, that was acceptable.

However, lifestyles have changed and tastes are beginning to change. Americans eat 30 percent less beef than they did in the '60s, Williams said. Williams said the trend is to go from after-the-fact treatment

to preventing heart disease from developing.

One of the main culprits in heart disease seems to be cholesterol. As cholesterol levels increase, so does the incidence of heart disease.

"This does not mean we should eliminate cholesterol entirely," Williams said. "If cholesterol levels are too low, the incidence of other diseases increase."

The lowest recommended cholesterol level is 150. People are considered at high risk for developing heart disease if their levels are 240 or above.

The first approach to controlling high cholesterol was

medication. However, there were problems with patients not wanting to take the medication. In addition, some cholesterol-lowering medication was associated with developing cancers and there were other side effects. Finally, the cholesterol medication was very expensive in comparison to the changes it caused.

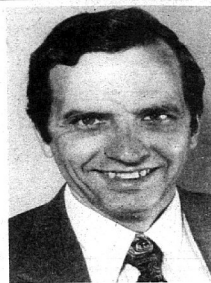
Physicians have found that exercise, weight loss, a change in diet and medications can increase levels of HDL cholesterol.

If medication is used, it must be in conjunction with diet changes to be effective. Williams recommends a diet of

moderation. Total fat intake should be no more than 30 percent of total calories.

"After four to six weeks, we check cholesterol levels and then monitor them once or twice a year," Williams said. "Some studies say it takes about nine weeks for changes to show."

Other risk factors that should be controlled include high blood pressure, obesity and diabetes. "Over time, lifestyle change does work. But the treatment must be acceptable or patients will not comply with it. For 1995, I recommend moderation," Williams said.



Dr. George Williams

Taking the mystery out of Pruning from the experts at

FRANK'S

Pruning is a gardening chore many people don't relish. They'd like to simply forget it. Unfortunately, many do just that. True, it isn't one of the most glamorous jobs involved in gardening, but it isn't the least either. Perhaps many forget about pruning because they're not really sure how it's done. We're going to change that.

Why bother to prune at all? There are three main reasons: health, appearance and safety. Let's start with the first, health. Dead, weak or damaged wood must be removed to keep the plant healthy. Many insects and diseases love this kind of wood because it's easy for them to get into. Also, pruning stimulates new growth.

Appearance. Gardeners prune to maintain nice, shapely trees and shrubs. Some go so far as to create works of art, sort of sculptures in shrubbery.

Safety. Oversized plants and branches may interfere with power lines and visibility. Dead, weak, diseased or damaged branches can become hazards to other plants, our homes and ourselves. Getting smacked on the head by a low-hanging branch might be funny... if it happened to one of the Three Stooges. Real-life victims, however, fail to see any humor, and could be seriously injured.

Now that we've discussed the whys, we'll tell you the hows. First of all, you should know that every time you prune, you are wounding the plant. Pruning is actually a surgical procedure. Plants have defenses that rush to the injured area and stand guard while the plant heals, just as our injuries heal. But unlike us, plants don't cover the wounded area with new tissue. Instead, the new tissue seals off and surrounds the wounded area as the plant ages.

Prune to Thin
Thinning reduces the number of shoots and allows remaining branches to develop fully. It allows light and air to penetrate into interior branches. This encourages vigorous, new growth from the plant's crown. To thin plants, selectively remove entire stems or

remove branches back to a branch point. Make the cut nearly flush with the main branch.

Prune for Rejuvenation

After several years, some shrubs become too large or have too much old wood that no longer puts out many leaves and flowers. Pruning in this situation isn't handled all at once, but spread out over a period of time. Cut off the oldest branches at ground level, leaving only the young stems. Do this over a three-year period.

When to prune is equally important. Pruning at the wrong time can damage plants. On some shrubs, pruning is done before flowering, some after. We'll print a list of them shortly.

Dead plant material can be pruned away any time. This will prevent insect and disease invasions, plus eliminate the potential hazard a dead limb presents during high winds, heavy rains and snow storms.

We'll discuss pruning in more detail at a later date, since there's so much more involved in it.

Don't Forget Your Tips

Tips from readers to be shared with others in this column are always welcome. Our address:

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Carpenters' apprenticeships now available

The employers and the Southern Illinois District Council of Carpenters Joint Apprenticeship Committee announces that applications will be available for apprenticeship training in the carpentry trade on April 3, 4, 5, 6, 7, 10, 11, 12, 13 and 14.

All applicants must be American citizens and at least 17 years of age. Applicants must submit a physical from a licensed physician (prior to job placement), high school diploma or GED certificate, a record of previous work experience and three written character references.

All applicants are required to register at their area local union office during the above dates.

All applicants must apply at the Granite City Carpenters Local 633 office, 5218 Nameoki Road, between 9 a.m. and noon. Anyone whose name presently appears on the list must reapply this year during this specified time period.

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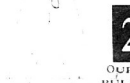
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Real estate transactions

The following real estate transactions were recorded at the Madison County Courthouse between Feb. 14 and Feb. 17:

Alton	
56 Marc.....	\$45,000
314 Maurice.....	\$15,000
2320 Mound.....	\$52,900
2411 Seminary.....	\$28,500
2709 Viewland.....	\$3,000
4051 Alby.....	\$40,000
328 Jefferson.....	\$4,750
+ 1134 Spaulding.....	\$16,000
+ 958 Union.....	\$45,000
201 E 6th.....	\$13,871
LT 7 Wenzel.....	\$94,500
3414 Agnes.....	\$50,000
1835 Alby.....	\$16,000
4111 Alby.....	\$21,000
5401 Greenleaf.....	\$17,000
1306 State.....	\$11,900

Bethalto	
+ LT59 Briarwood Estat.....	\$20,000
119 Melody.....	\$20,000
503 Sheridan.....	\$33,500
Collinsville	
290 Pine Lake.....	\$50,000
1065 Lafayette.....	\$47,500
77 Lockmaw.....	\$43,500
124 B Helen.....	\$7,000
#10 Jennifer Lane.....	\$19,000
1036 Meadowlark.....	\$110,000
678 Oak Trail.....	\$69,750
1008 Rolling Meadows.....	\$109,000
1036 Rolling Meadows.....	\$24,500
3214 Yale.....	\$7,700

East Alton	
106 Haller.....	\$68,500
420 Washington.....	\$21,000
Edwardsville	
17 Ginger Lake Wes.....	\$95,500
900 Holiday Point.....	\$58,500
614 Jaime Lynn.....	\$121,750
LT 20 N Oxfordshire.....	\$63,365
715 St Louis.....	\$125,000
1450 Castle.....	\$204,000
1455 Castle.....	\$207,900
2507 Hunter's Ridge.....	\$23,740
2507 Hunter's Ridge.....	\$120,300
?? Osage.....	\$19,000
39 Washington.....	\$19,000
1702 Cloverdale.....	\$102,500
+ 213 Olive.....	\$59,000
705 Roanoke.....	\$92,500

Godfrey	
+ LT105 Lakewood.....	\$3,000
4638 Lewis.....	\$148,000
5321 River Aire.....	\$123,000
1807 Monview.....	\$115,000

Granite City	
2190 Clinton.....	\$115,000
+ 2400 Washington.....	\$16,000
2118 Cheshire Court.....	\$95,000
2714 Denver.....	\$9,000
2821 Maryville.....	\$47,000
#3 Mimosa.....	\$100,000
4025 Sara.....	\$78,000
1381 Spruce.....	\$28,000
130 Chouteau Trace.....	\$12,500
2905 Grand.....	\$67,400
LT 55 Mitchell Lake#2.....	\$10,500
3013 National.....	\$56,200
1261 Keelin.....	\$95,000
2010 Lindell.....	\$61,500
+ 2009 Missouri.....	\$18,000
3301 W Chain Of Rock.....	\$647,000
183 Waterworks.....	\$46,000

Hartford	
117 E Second.....	\$24,900
610 N Deimar.....	\$15,250

Highland	
4300 Buffalo.....	\$24,500

Moro	
?? Hecite.....	\$15,575

New Douglas	
706 N Main.....	\$32,500
6847 Uhe.....	\$7,500

St. Jacob	
?? Four Corner Ln.....	\$12,000
Staunton	
?? Renken.....	\$12,040

Troy	
336 Orchard.....	\$73,900
1206 Spring Valley.....	\$216,000
616 Sundance Trail.....	\$114,575

Wood River	
+ 303 Park.....	\$64,900
678 Payne.....	\$61,000
+ 817 Edwardsville.....	\$120,000

Low-Fat Pig Out here March 16

How many chances do you get to prevent cancer? Every time you eat.

This year, the Great American Low-Fat Pig Out encourages the next generation to eat healthy. Twens (the nine- to 12-year-old group) are invited to "pig-out" on the American Cancer Society's healthy, tasty and fun events in their communities.

Modeled after the Great American Smoke-Out, the Great American Low-Fat Pig Out is an annual, light-hearted celebration of the foods that may reduce the risk of cancer. March 16 marks the American Cancer Society's day-long celebration of good-for-you foods.

On low-fat, pig-out day, the American Cancer Society joins with schools, hospitals, businesses, grocery stores and restaurants across Illinois to encourage people to "pig-out" on foods that are low in fat, high in fiber, rich in Vitamin A and C, and from the cabbage family.

With activities ranging from cooking demonstrations for healthy, easy-to-prepare foods to low-fat dessert recipe contests, the focus is making healthy food choices fun and delicious.

"For 1995, we're focusing on the hope the next generation brings," said Pat Callahan, chairman of the Quad-Cities Unit. "That's why we're targeting our good nutrition message to twens. The society aims to teach the importance of a good diet at a young age."

"The American Cancer Society wants to show everyone, especially our children, that healthy food is also fun food."

The following real estate transactions were recorded at the St. Clair County Courthouse between Feb. 21 and Feb. 24:

Caseysville	
8868 Botanical.....	\$1,600
320 Rich.....	\$37,000
Collinsville	
1104 Apache.....	\$95,000

1106 Apache.....\$95,000
804 Braidwood Court.....\$124,000
7922 County Line.....\$85,000
Question marks indicate that the street number is unavailable, and such parcels often involve vacant land.
— Lampitt Appraisals 461-7172

Senior menus

Donations for noon meals are \$1.75. Call day ahead for reservation, 877-4373.

Wednesday, March 8
Ham and beans, creamy cole

slaw, corn bread, fruit cocktail.

Thursday, March 9
Barbecued boneless rib, scal-

loped potatoes, spinach, wheat bread, vanilla pudding.

Friday, March 10
Tuna casserole, tossed salad,

sliced carrots, wheat bread, orange sherbet.

Monday, March 13
Beef tips with Chinese vegeta-

bles, rice, tossed salad, wheat bread, pineapple tidbits.

Tuesday, March 14
Barbecued chicken, noodles

Alfredo, green beans, apple juice,

wheat bread, oatmeal cookies.

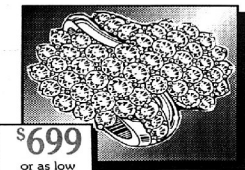
12 HOURS

SALE

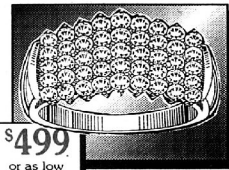
Everything Storewide

20 - 50% off ... AND MORE

PLEASE NOTE:
our store will
CLOSE from 3-6
Thursday to prepare for
this Annual Event
DOORS OPEN FRIDAY
9AM - 9PM



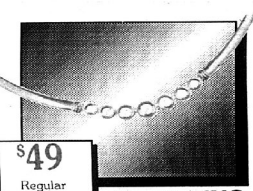
\$699
or as low
as \$25 mo.
Reg. \$1149



\$499
or as low
as \$15 mo.
Reg. \$749



\$199
or as low
as \$15 mo.
Reg. \$359



\$49
Regular \$99

10 ct/14KYG



Diamond Tennis Bracelets

5.00 carat **\$2,150** Regular \$4,375

1.0 carat **\$179** Regular \$299

Longines Diamond Watch

Regular \$725 **\$425**

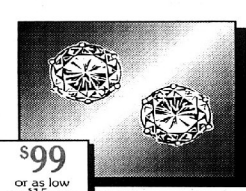
Friday, March 10
For 12 Hours Only!!

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\$349
or as low
as \$15 mo.
Reg. \$699

1/2 Carat of Diamonds



\$749
or as low
as \$30 mo.
Reg. \$1,495

Diamond Anniversary Ring

Regular \$1,495



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or as low
as \$15 mo.
Reg. \$239

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452-3188

National employees feel 'Schnuckered' by buyout

National Super Market employees are concerned about getting shortchanged as regulators review the proposed buyout by Schnuck Markets.

"We can't say anything, but Schnucks can encourage their employees to write to the Federal Trade Commission in favor of the buyout," a National employee who requested anonymity said. "Schnucks can even buy the envelopes and stamps for their letters. They are furnishing them at the courtesy counter."

Schnuck Markets wants to buy 60 National supermarkets in Missouri and Illinois, including stores in Granite City, Collinsville and

Edwardsville.

The deal would double the number of Schnucks stores in the St. Louis area, giving the chain about half the major chain supermarkets.

The buyout was announced Jan. 16 and needs FTC agreement that there are no antitrust violations resulting from reduced competition in specific areas.

FTC assistant director Ron Rowe of the Bureau of Competition in Washington said the sale has generated a "great deal" of public interest but that none of the calls he has received favor the sale.

"We are in the process of investigating the sale and will make an announcement as soon as something is decided," he said, without estimating when that will be.

National employees had gathered 6,000 names on petitions by late January then were told to end their checkout-counter campaign against the sale or face possible loss of severance pay.

National employees feel handcuffed while Schnuck Markets is free to post notes that encourage employees to write the FTC, another National worker said.

"It upsets me," the employee said. "As far as I know, this is America. But I feel our First Amendment right to free speech is being ignored."

"I can respect National's wishes to keep petitions out of the stores, but we should be able to have our views heard."

Schnuck Markets spokeswoman Marie Casey said National employees are free to forward personal comments but are banned by the sale agreement from campaigning publicly against the buyout.

According to the contract between National's

parent company, Loblaw Companies Ltd. of Toronto, and Schnuck Markets, no employees can work publicly against the agreement, she said.

"There is also a difference between an individual calling or writing and an organized campaign to pass out information and collect signatures at the checkout counter," she said.

National workers said Schnucks Markets has encouraged its employees to call in their support for the deal to Illinois Attorney General Jim Ryan's offices in Granite City and East St. Louis.

Illinois and Missouri attorneys general announced plans last month to join the sale review for antitrust standards.

Donna Finch, a citizen's advocate in Ryan's East St. Louis office, said the phones began ringing last week.

"It's gone crazy since Monday afternoon. We called the Chicago office and they told us to take names and addresses and note whether the caller was for or against the sale. We have had callers from as far as Alton, Edwardsville and Troy," she said.

— From the Alton Telegraph



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 (Located in Westfield Plaza with Venture and Phar-Mor)
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STORE CLOSING SALE
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FIXTURES FOR SALE! **OPEN MONDAY THRU SATURDAY**
 10AM-7PM
 SUNDAYS
 NOON TIL 5:00 PM

MOVING SALE
ONLY AT SHIRTS-N-STUFF

40% & MORE OFF ALL INVENTORY
 IN STOCK ITEMS ONLY
 WHILE SUPPLIES LAST

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TRANSFERS 20 TO 50% OFF!

CHECK OUT THIS! • HARLEY DAVIDSON APPAREL • JACKETS (Heavy & Lightweight) • SWEATS • TEES • STARTER JACKETS • KID'S CLOTHES • ADULT CLOTHES
 We Have Large Sizes 2x thru 8x

WATCH FOR OUR GRAND OPENING
AT OUR NEW LOCATION
ARRIVING SOON...OUR NEW LINEUP OF SPRING APPAREL

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E&J BRANDY OR BACARDI RUM 750 ML \$6.99 \$14.99	JIM BEAM OR PHILIP VAN WILLIAMS 750 ML \$5.99 \$12.99	CANADIAN CLUB 750 ML \$7.99 \$15.99	BUDWEISER & LIGHT 24 CANS \$12.79
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1.75 LITER SALE	TOP SHELF	MERLOTS	PABST OR KEYSTONE 24 CANS \$7.99
OLD SMUGGLER 1.75 LITER \$14.99	GLANTHLY OR GLENFIDDICH 1.75 LITER \$16.99 \$29.95	MAPA RIDGE 1.75 LITER \$5.99	HEINEKEN 12 BTL \$9.99
JAMESON IRISH (5 REBATE) 1.75 LITER \$19.99	ST. LOUIS'S LARGEST SELECTION CAROLANS IRISH CREAM HENNESSY VS 750 ML \$8.99 \$44.95	CABERNET CHARDONNAY 1.75 LITER \$5.99	HARP 6 BTL \$5.99
ALL BECK'S BEER 1.75 LITER \$11.99	EMMETT'S IRISH CREAM OR AMARETTO DI AMORE \$7.99 \$11.99	RODNEY STRONG 1.75 LITER \$5.99	GRAIN BELT 24 CANS \$6.79
WINDSOR CANADIAN 1.75 LITER \$8.99	NEW KILBEGAN 1.75 LITER \$8.99 \$10.99	CALLANWY 1.75 LITER \$5.99	GUINNESS 1.75 LITER \$6.99
WOLFSCHEIDT VODKA 1.75 LITER \$8.99	FAMOUS GROUSE SCOTCH 1.75 LITER \$11.99	KENDALL JACKSON 1.75 LITER \$5.99	1.5 & 3 LITER SPECIALS
CANADIAN LTD 1.75 LITER \$8.99	DICKEL DO PROOF 1.75 LITER \$8.99 \$10.99	COLUMBIA CREST 1.75 LITER \$5.99	VENADAGE OR PAUL MASSON 1.75 LITER \$5.99
FLEISCHMANN GIN 1.75 LITER \$8.99	MAKERS MARK 40 1.75 LITER \$10.99	"NEW" ROBERT MONIAVI 1.75 LITER \$8.99	CABERNET CHARDONNAY 1.75 LITER \$5.99
PREPARED WHISKY 1.75 LITER \$11.99	IRISH WHISKY 1.75 LITER \$11.99 \$4.99	CHATEAU GREYSAC 1.75 LITER \$8.99	MELLOT CHARDONNAY 1.75 LITER \$5.99
RAYNAL VSOP FRENCH BRANDY 1.75 LITER \$17.99	SANTINI ASTI 1.75 LITER \$4.99	OR LABORE TRINTADON 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
WALKERS DELICIE 1.75 LITER \$12.49	COOKS SPUMANTE 1.75 LITER \$2.99	CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
J&B SELECT 1.75 LITER \$12.49		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
DEWARS SCOTCH 1.75 LITER \$17.99		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
GRANDS SCOTCH 1.75 LITER \$17.99		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
SEAGRAMS 150 1.75 LITER \$11.49		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
EARLY TIMES 1.75 LITER \$11.49		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99
CITTY SANK 1.75 LITER \$22.99		CHATEAU GREYSAC 1.75 LITER \$8.99	COOKS OR GALLO 1.75 LITER \$4.99

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Dr. J. Kim
and
Dr. V. Maes
specializing in Gynecology and Obstetrics

Dr. V. Maes

are happy to join the communities of Edwardsville and Granite City. They will be seeing patients at The Women's Center of Metro East, Ltd. —

Suite 24, Wolf Medical Building, 2044 Madison Ave., in Granite City. For an appointment, call 877-2322.

Edwardsville Physician's Building 1121 University Drive, in Edwardsville. For an appointment, call 692-0868.

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Scott's America's #1 Fertilizer Better Homes GARDEN CENTER

\$12.96
5,000 sq. ft. bag

\$9.96
5,000 sq. ft. bag
\$19.86
15,000 sq. ft. bag
\$27.96

\$6.96
5,000 sq. ft. bag
\$13.86
15,000 sq. ft. bag
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Turf Builder Plus Halts®
crabgrass preventer plus fertilizer

The Scott's Difference:
• Saves time-steps crabgrass and gives quick, deep greening.
• Consistent feeding and crabgrass prevention in every granule.
• Contains the strongest crabgrass, foxtail, and spurge preventer you can buy.

Turf Builder Plus 2®
weed control plus lawn fertilizer

The Scott's Difference:
• Saves time-steps dandelions and 50 other broadleaf weeds and gives quick, deep greening.
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Turf Builder Plus 2®
The Scott's Difference:
• Greens quickly without surge growth or danger of burning.
• Consistent feeding and weed control in every granule.
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Speedy Green Rotary

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SHOPPER STOPPERS

Sun & Shade Mix®
grass seed mixture
The Scott's Difference:
• An attractive Scott's lawn for both sunny and shady areas

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lawn repair mix
The Scott's Difference:
• Combination of Scott's Family Favorite grass seed, Starter Fertilizer, and Starter Mulch. Absorbs and holds moisture to provide an ideal environment for seed germination.

Starter's Fertilizer
The Scott's Difference:
• Use when planting seed, sod, sprigs, or plugs or when overseeding an existing lawn

Available at all Area wide WAL-MARTs.
Product sizes may vary.

Obituaries



Wilma Opich

Wilma J. Opich, 81, of Madison, died at 5:40 a.m. Monday, March 6, 1995, at Colonial Care Center after an eight-year illness. She was born April 22, 1913, in Madison, where she had been a life-long resident.

A bookkeeper with First Granite City Savings for 40 years, she was a member of St. Mary's Catholic Church in Madison, C.F.U. Lodge 222 in Madison, Madison Senior Citizens and the American Association of Retired Persons Chapter of Granite City.

Survivors include two brothers, Carl Opich of St. Louis County and Mike Opich of Jennings, Mo.; and two sisters, Lillian Sharkey of Plano, Texas, and Sylvia Opich of Madison.

She was preceded in death by her parents, Mike and Mary (Klolek) Opich; two brothers, Ernest and Richard Opich; and two sisters, Mary and Anna Opich.

Services are at 10 a.m. today, Wednesday, at St. Mary's Catholic Church, 10th and Alton, Madison, with the Rev. Jim Koehn officiating. Burial will be in Calvary Cemetery, Glen Carbon.

Arrangements are by Lahey-Slack Funeral Home, Madison. Memorials are requested for St. Mary's Catholic Church.

Lewis Affolter

Lewis Affolter, 88, of Granite City, formerly of Doolittle, Mo., died at 7:15 p.m. Saturday, March 4, 1995, at Colonnades Nursing Home, Granite City, where he had been a patient for five years. He was born May 28, 1906, in Phelps County, Mo.

Survivors include three sons, Earl G. Affolter of Granite City, Allen L. Affolter of Peoria and Keith Affolter of Columbia, Mo.; one daughter, Lois Carnes of Phoenix, Ariz.; one stepson, Paul

Borders of Doolittle; five stepdaughters, Joan Wehr of Rolla, Mo., Barbara Copeland and Effie Robles, both of Dixon, Mo., Peggy Couch of Rease, Calif., and Jane Gleason of Doolittle; and several grandchildren and great-grandchildren.

He was preceded in death by his first wife, Missouri (Grayson) Affolter; his second wife, Helen (Bramel) Light Affolter; his third wife, Edna Borders Affolter; his parents, Oscar and Rachael (Gulfe) Affolter; one brother, Carl Affolter; and three sisters, Grace Thomas, Annie Gaddy and Lillie Loughridge.

Visitation is from 6 to 9 p.m. today, Wednesday, at Nul and Son Funeral Chapel, Rolla, Mo., where services are at 2 p.m. Thursday with the Rev. Wilson Davis officiating. Burial will be in Ozark Memorial Garden, Rolla.

Memorials are requested for the Parkinson's Foundation. Local arrangements were by Irwin Chapel, Granite City.

Helen Wolford

Helen (Backs) Wolford, 78, of St. Louis, formerly of Granite City, died at 10:10 a.m. Monday, March 5, 1995. She was born Jan. 20, 1917, in Granite City and had been a resident of St. Louis since 1970.

A former employee with Southwestern Bell Telephone Company, she attended Granite City schools and was a member of the Chapel of the Cross Lutheran Church in St. Louis.

Survivors include one brother, Wilford Backs; and several nephews, including great-nephews and great-nieces.

She was preceded in death by her husband, William L. Wolford; her parents, William and Lena Backs; and two brothers, Herbert and Robert Backs.

Services are at 1 p.m. today, Wednesday, at Buchholz Spanish Lake Mortuary, 1645 Redman Ave., St. Louis County. Burial will be in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are requested for the Lutheran Care Center on McClair Avenue in St. Louis or the Church of the Cross Lutheran Church on Dunn Road at Highway 367, St. Louis, Mo., 63136.

Ruth Brown

Ruth Helen (Cochran) Brown, 86, of Edwardsville, formerly of Granite City and Murphysboro, died at 9:10 a.m. Monday, March 6, 1995, at Edwardsville Care Center East, Edwardsville, after being

ill for more than eight years.

She was born Sept. 2, 1908, in Pomona, Ill.

A homemaker, she was a member of Bethel Chapel in Granite City.

Survivors include two daughters, Wanda Anderson and Joyce Jackson, both of Dallas; two brothers, Albert Cochran of Alton and Cletus Cochran of Collinsville; two sisters, Edith Hewlett of Madison and Golda Dickey of Granite City; nine grandchildren; and nine great-grandchildren.

She was preceded in death by her husband, Clarence Brown, who died in 1988; one son, Gerald Brown; her parents, William and Lulu (Sunnell) Cochran; three brothers, Roy, Virgil and Robert Cochran; and three sisters, Edna Wood and Agnes and Clara Cochran.

Visitation is from 5 to 8 p.m. Sunday, March 12, at Thomas Memorial Mortuary, 2205 Pontoon Road, Granite City, where services will be held at 2 p.m. Monday, March 13, with the Rev. Leon Belt officiating.

Graveside services and burial will be held at 1 p.m. Monday in Pleasant Grove Cemetery, Murphysboro.

Memorials are requested for Bethel Chapel, 25th Street and Ohio, Granite City.

Ruth Stephan

Ruth M. (Edwards) Stephan, 60, of Belleville, died at 11:15 a.m. Sunday, March 5, 1995, at her residence. She was born Sept. 1, 1934, in St. Louis.

Mrs. Stephan was a warehouse worker with Famous-Barr Company in St. Louis for 22 years prior to her retirement.

Survivors include three sons, Paul, Stephen Jr. of Cahokia, Ronald Stephan of Salem, Mo., and William Stephan of Red Bud; four daughters, Linda of St. Louis, Hollywood Heights, Kay Glesner of Pontoon Beach, Lori Hensley of Collinsville and Kathy Spangler of Belleville; one brother, Robert Edwards of Locking, Mo.; one sister, Evelyn McCoy of Cahokia; 16 grandchildren; and one great-grandson.

She was preceded in death by her husband, Philip R. Stephan Sr.; two brothers, Archie Edwards Jr. and John Edwards; and two sisters, Jackie Edwards and Pauline Robbs.

Services are at 12:30 p.m. today, Wednesday, at Kasey Colonial Mortuary, 3900 St. Clair Ave., Fairview Heights, with the Rev. Darrell Atkins and Rev. Cliff

ford Burney officiating. Burial will be in Sunnyside Cemetery, Sorento.

Memorials are requested for the Family Hospice of the Belleville Area.

Gerald Brown

Gerald Ernest Brown, 59, of Collinsville, died at 5:15 p.m. Saturday, March 4, 1995, at his residence. He was born Jan. 16, 1936, in Granite City.

He had carrier with Granite City Steel, he attended Calvary Pentecostal Assembly in Granite City and was a member of Labor Local 179 in Edwardsville.

Survivors include his wife, Anna S. (Smith) Brown, whom he married Nov. 18, 1955; two sons, Jeffrey S. Brown of Granite City and Randy J. Brown of Douglasville, Ga.; one daughter, Tonya Johnson of Collinsville; and six grandchildren.

He was preceded in death by one daughter, Connie Y. Brown; his parents, John D. and Mary E. (Bright) Brown; and one sister, Vonnie M. Porter.

Services were held Tuesday at Calvary Pentecostal Assembly with the Rev. Mark Maynard officiating. Burial was in Lake View Memorial Gardens, Fairview Heights.

Arrangements were handled by Herr Funeral Home, Collinsville.

Cleta Shearlock

Cleta B. (Smith) Shearlock, 82, of San Antonio, formerly of Troy, died Thursday, March 2, 1995, in San Antonio. She was born Nov. 5, 1912, in Bement, Ill., and had been a resident of Troy for most of her life, moving to San Antonio in 1976.

She was a beautician at Cleta's Beauty Salon in Troy for 22 years prior to her retirement in 1974. She was a member of the Presbyterian Church and Rebeekah's Lodge.

Survivors include one son, Ronald L. Shearlock of New Douglas, Ill.; one daughter, Joyce G. Morrow of Heoltes, Texas; three grandchildren; and seven great-grandchildren.

She was preceded in death by her husband, Alfred J. Shearlock, who died in 1976; and her parents, Clarence and Bertha (Barham) Smith.

Graveside services and burial were held Tuesday at Friedens Cemetery, Troy, with the Rev. Lewis E. Trotter officiating. Arrangements were handled by Davis Funeral Home, Granite City.

Affolter said. She said that the Norton composting facility could mean the end of the city's annual leaf problems.

Petrillo was also impressed with the facility. "I've been as far as I ever have before toward the mixed-waste facility," Petrillo said.

Critics said she was impressed with the Norton plant, but had some concerns about the company's financial condition.

"What if they build it and then abandon it because it isn't profitable?" she asked.

Page said he has not yet made a decision which facility would be best for the city.

Parks

(Continued from Page 3A)

keep Parks knew they had an uphill battle in January when they first met with SLU President Rev. Lawrence Biondi and other SLU officials.

During that meeting, SLU officials outlined a variety of problems facing the college in Cahokia. The college has been losing about \$2 million annually in recent years.

SLU administrators also said if the college stayed in Cahokia the curriculum would have to change dramatically because it felt a college only for aviation studies could not succeed financially anymore.

Parks students and faculty were told formally about the plans to move the college to St. Louis during meetings in early February.

To register a team or to make a donation to the youth center, call Dave Williams at 423-4212.

Future fund-raisers in the park will include a golf tournament later this summer and a telethon auction.

The Flower Emporium "We care, because you care."

502 E. Chain of Rocks Road Granite City, IL 61893/31-6933

Greg Aust 1506 Johnson Rd. Granite City, IL 451-7084

COUNTRY COMPANIES INSURANCE GROUP

Lead

(Continued from Page 1A)

EPA cleanup.

Aldermen Craig Tarpo and Kim Affolter said that they think U.S. EPA severely underestimated the cost associated with treating contaminated water.

"I think your cost estimate is way off," said Affolter, chairman of the City Council's Wastewater Treatment Plant Committee. Tarpo said that the WWTP may have to dispose of lead-contaminated sludge as a special or hazardous waste. He noted that some industries in Granite City pay as much as a half-million dollars a year to have their water treated.

"Three million dollars for drilling, pumping and treating for 30 years is absurd," Tarpo said. Tarpo asked if the city would have to pay for the WWTP on a daily or monthly basis. Bradley said those figures have not yet been established.

"We don't know the lead level in sludge (at the WWTP) now. We don't know if it'll be doubling it or if it will be insignificant," Bradley said.

"We used 30 years to estimate the cost. Capping may reduce the leeching, in which case we won't have to treat it for long. Or we may have to treat it indefinitely if capping doesn't reduce leeching," Bradley said.

"But I am confident we can contain (the contamination)," Bradley said, adding that nobody will be drinking the water. "If the argument is that no one will be drinking the water, why have millions of dollars been spent (by IEPA) to clean up gasoline tanks?" Tarpo asked.

Bob Rogers, an IEPA employee in attendance at the hearing, said the state agency has not yet signed off on the U.S. EPA plan for dealing with groundwater.

George Palchey, a resident of the 1200 block of Grand Avenue, said the EPA has approached the cleanup from the wrong angle and that the pile should be removed before any residential soil contamination.

"It seems to me like the sequence of your operation isn't dealing with the real problem — the pile," Palchey said. "Why don't you deal with the lead pile first to prevent recontamination?"

Bradley said that the lead pile can be controlled by capping it and that the real threat is where children often play and come in contact with contamination — a more serious health hazard.

Alderman Juanita Crawley expressed concern for nearby residents whose groundwater wells to water their yards. Bradley said the groundwater contamination, while as much as 10 times the level considered dangerous for drinking water, is almost negligible compared to the contamination lead in soil.

The public comment period on the proposed remedy will be open until late April, Bradley said. Residents may submit written comments by mailing them to: Susan Pastor, Community Involvement Coordinator, Office of Public Affairs, U.S. EPA Region V, 77 West Jackson Boulevard, Chicago, IL 60604.

A public comment period on the proposed remedy for the residential area recently ended.

Plans

(Continued from Page 1A)

"The real heroes were those guys out in the street," she said. "We the people are very much in control of our destiny as long as we all work together."

"I never saw things go so smoothly," she said of the petition drive. "There were hundreds of people helping. They not only said no, but they said it loud and clear," she added.

The decision was made Friday afternoon, according to Daniel Metz, development coordinator for Lockwood Development Company of Webster Groves.

"We have officially abandoned plans to develop on that site," he said. "As it stands now, we want to keep the local residents happy."

Hawkins said she was "grateful" that the company listened to the local residents.

"I was pleased that they understand our problems," she said. "Most of the complaints centered around the high water table and bad drainage in the area."

Many of the homes in the area are built over what was once Dohy Slough. What is left of the slough serves as a catch basin for rainwater.

Hawkins said groundwater is a problem because the area is a low point and the soil in the area does not provide proper drainage. Hawkins said her family moved to the area in 1964, and if she had known about the water problems, they would not have.

She said many of the homes have flooding problems, and several have been condemned or torn down because of water damage. By late Sunday afternoon, Hawkins said many of the residents had not heard of the company's decision.

"It was at a friend's house (Sunday afternoon) across the road and saw a man with a bundle of petitions," she said. A public hearing on the proposal had been scheduled for March 17 by the Madison County Zoning Board of Appeals.

Joe Parente, administrator of the county's building and zoning department, said he had not been notified by the company as of late Monday morning.

"Once we receive something in the mail, we'll cancel the meeting," he said. The development would have contained 40 2-bedroom apartments, and eight 3-bedroom units. Approximately \$1.8 million was being funded by a loan from the Illinois Housing Development Authority.

Tour

(Continued from Page 1A)

Bill Strazinsky, solid waste coordinator for Medina County, said that the mixed waste facility there is currently diverting about 60 percent of the waste stream from landfills. In addition to pulling recyclables from the garbage of residents and businesses, the facility accepts source-separated recyclables and yard waste at no charge.

"Before we built this facility, there were a couple of cities in the county with curbside programs. They were getting about 35 percent participation from residents," Strazinsky said. "Now there are no curbside programs in the county and we are recycling about 60 percent of the waste stream," Strazinsky said.

In 1993, the last year for which figures are available, about 178,000 tons of garbage was generated in Medina County. The mixed-waste facility handled almost 100,000 tons of that garbage, or about 56 percent.

While yard waste does not count toward the 25 percent mandated goal in Ohio, it is derived fuel (RDF) that is made from garbage and is burned by industrial plants for energy uses.

"We are confident we can meet the state's goal in Illinois," Sen. President Steve Viny said.

In fact, Viny said, Norton is willing to guarantee it will meet the 25 percent goal in Madison County.

"My question for Madison County officials is this: What do you do when the state increases the mandate to 50 percent or 50 percent of the country?" Viny said.

Granite City's garbage hauling contract with Waste Management expires in August this year. City officials, who are ready to begin negotiating a new contract, must decide if they want to recycle garbage or take it to a clean landfill or mixed-waste facility.

Viny said that Norton will build a mixed-waste facility in the industrial park in Wood River if Granite City, Alton and Wood River will commit to supplying it with residential garbage for 10 years.

Shipley and Affolter joined Kelahan in endorsing the mixed-waste facility for Granite City. "The facility was run well. All the trash was processed the same day, the proposal in mind thought the material was diverted very well. I thought the final product looked like good, recyclable materials," Shipley said.

"If they can meet the state's goal and do it at the same cost or slightly higher than the clean landfill, I think this is the way to go," Shipley said.

Affolter said that, as a mother and housewife, she would prefer the mixed-waste facility that will pull the recyclable materials from garbage. "Most women don't want to have trash out the back in the bottles and aluminum cans," she said.

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The committee is setting a fund-raising goal of \$600,000. The Mayor's Youth Center Committee will hold its first official fund-raising event April 1 — a trivia contest to be held at Eagle's Home 1128, 2558 Madison Avenue.

Teams of six people will compete for cash and prizes at the event. The cost per team is a \$100 donation to the Youth Center. Refreshments will be provided.

Space is limited to about 30 teams. Twenty-five teams and signed up to participate by Monday.

To register a team or to make a donation to the youth center, call Dave Williams at 423-4212.

Future fund-raisers in the park will include a golf tournament later this summer and a telethon auction.

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Back Talk

By Dr. Warren A. Stewart, Jr.

GOVERNMENT PANEL SEES NO CUTTING EDGE

The most recent endorsement of chiropractic treatment for sudden, painful low back pain comes from a government-backed panel of specialists. Their guidelines, prepared for the U.S. Agency for Health Care Policy and Research, indicate that chiropractic manipulation "can be helpful for patients with acute low back problems... within the first month of symptoms." This guideline compares quite favorably to the way in which the panel views surgery, high-cost tests, and other unproven treatments for low back pain. The specialists frowned upon surgery for this problem, which they said helps only one in 100 patients. The panel seems to align itself with chiropractic's long-held contention that it offers conservative, effective, low-cost treatment for low back pain.

Do you have poor posture? Are you sedentary? Or, do you over-exercise? In your work, do you habitually sit in one position? Is your life-style high stress? Yes to any of these questions make you a prime candidate for low back problems. At the office of WARREN A. STEWART JR., D.C., we provide a safe chiropractic care without drugs or surgery. Please call 398-2121 to schedule an appointment. We're located at 10251 Lincoln Trail, Suite 12, Fairview Heights, M-F 8am-6pm.

U.S. The government's low back pain panel only recommends extensive tests if a fracture, a tumor, an infection, or severe nerve involvement are suspected.

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(Staff photo by MARK HODAPP)

Congratulations — Jamie Auffenberg, vice president of Auffenberg Ford in Belleville, congratulates William Buster of Granite City, scooted in the 1995 Ford Contour he won. Marvin Nattolin, left, vice president of marketing for the Suburban Journals, and Steve George, duty manager of the Venture store in Fairview Heights, look on. The car was given away as part of a contest sponsored by the Suburban Journals, Auffenberg Ford and Venture stores in recognition of Venture's 25th anniversary.

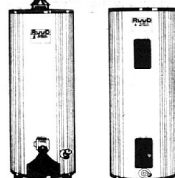
Dr. Doisy receives certification

Dr. Edward A. Doisy, a member of the medical staff at St. Elizabeth Medical Center in Granite City, recently received certification in cataract and implant surgery from the American Board of Eye Surgery. Doisy, an ophthalmologist, has operated a practice in the St. Louis Metro East area for the past 18 years. He is a member of 12 local and national medical societies. Doisy's office is located at 12 Nameoki Village, in Granite City. He can be contacted at 451-7925.

Chicken dinner set

The Granite Chapter 650 Order of the Eastern Star will sponsor a fried chicken dinner from 11 a.m. to 5 p.m. Sunday, March 19, at the Masonic Temple, 20th Street and Cleveland Boulevard, in Granite City. Donations of \$5.50 for adults and \$3 for children under 12 will be collected.

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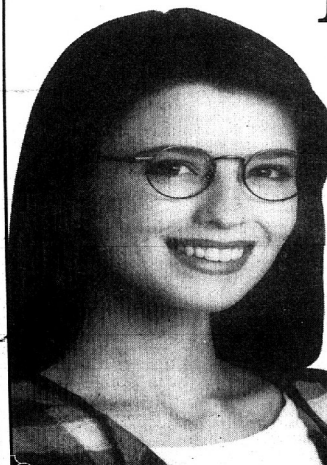
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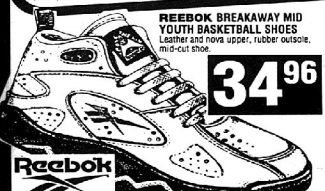
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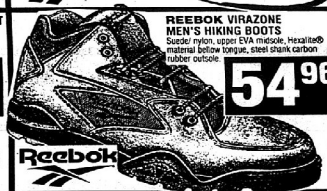
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REEBOK AEROSTEP WORKOUT LOW LADIES' AEROBIC SHOES
Foam foot Hexalite material, 2 pack rubber outsole, molded EVA midsole, leather upper.

54⁹⁶

Reebok



REEBOK VIRAZONE MEN'S HIKING BOOTS
Suede/nylon upper EVA midsole, Hexalite material, shockwave pattern, steel shank carbon rubber outsole.

54⁹⁶

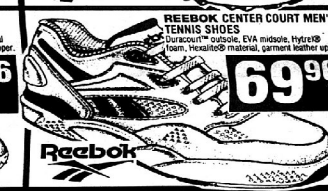
Reebok



REEBOK SATELLITE LOW LADIES' CROSS TRAINERS
Eclipse 5000™ midsole, Hexalite material, forefoot flex grooves, leather and mesh upper.

59⁹⁶

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REEBOK CENTER COURT MEN'S TENNIS SHOES
Hexalite material, EVA midsole, Hydrax™ foam, Hexalite material, garment leather upper.

69⁹⁶

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NIKE AIR CONDITIONER LOW LADIES' AEROBIC SHOES
Sculpted EVA midsole and large-volume heel Air-Sole® unit.

55⁹⁶

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NIKE AIR EDGE II MEN'S LOW CROSS TRAINERS
Lightweight, contoured Phylon™ midsole with large-volume heel Air-Sole® unit.

69⁹⁶

NIKE



NIKE AIR PEGASUS MEN'S RUNNING SHOES
Semi-curved last, contoured polyurethane heel with large volume Air-Sole® cushioning unit.

69⁹⁶

NIKE



NIKE EDGE TRAINER BOY'S CROSS TRAINERS
Durable leather with reinforced quarter panel overlays, solid rubber outsole.

34⁹⁶

NIKE



NIKE AIR STRAIGHT BOY'S BASKETBALL SHOES
Polyurethane midsole and heel with large volume heel Air-Sole® cushioning unit.

49⁹⁶

NIKE



NIKE AIR ALPHA TRAINER LOW BOY'S CROSS TRAINERS
Full-length contoured polyurethane footbed with visible large-volume heel Air-Sole® unit.

54⁹⁶

NIKE



NIKE AIR ESSENTIAL LADIES' WALKING SHOES
Soft, full grain leather upper, full sculpted Phylon™ midsole with low-pressure Air-Sole® unit in heel.

54⁹⁶

NIKE



NIKE AIR HOPS MEN'S BASKETBALL SHOES
Full grain leather and DuraBuck™, full-length Phylon™ midsole and an encapsulated heel Air-Sole® unit.

69⁹⁶

NIKE



NIKE AIR DIAMOND TRAINER MEN'S CROSS TRAINERS
Contoured Phylon™ midsole wedge with large volume heel Air-Sole® cushioning unit.

74⁹⁶

NIKE



NIKE AIR TUMBLER MEN'S HIKING BOOTS
Rugged, abrasion resistant, wax and presoil, split leather upper, stable EVA midsole.

74⁹⁶

NIKE



NIKE AIR DIAMOND FURY MID MEN'S CROSS TRAINERS
Full-length contoured polyurethane midsole with large-volume Air-Sole® cushioning heel unit.

89⁹⁶

NIKE



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THE SPORTS AUTHORITY

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BASKETBALL

Sectional results and pairings.

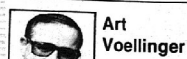
Page 3B

LOCAL JOURNAL
SPORTS

BASKETBALL

Donkey basketball game at GCHS.

Page 2B



Art Voellinger

M-C oldtimers
revel in stories

The pleasures of oldtimers gatherings include the stories... The setting was Florida... a spring training site in 1945. The batter: Joe DiMaggio. The pitcher: Les Mueller, a Detroit Tigers rookie from Belleville.

THE COUNT: two strikes, one ball. The pitch? Only one thing DiMaggio could expect. Mueller's reputation had preceded him. "It was a curveball right down the middle," Mueller said recently at the annual Mon-Clair League Oldtimer's Day.

Strike three? "No," said Mueller. "He took the pitch, and with two outs, I was ready to walk toward the dugout, but the umpire called 'ball.'"

The next pitch was a fastball, and in the only at-bat DiMaggio had against Mueller, the Hall of Famer grounded out to third base.

"It seems like yesterday," said Mueller, who later was a member of the Tigers' 1945 World Series champions after a regular season in which he set a major league record by pitching 19½ innings in one game.

Mueller also recalled his at-bat in the exhibition game against the Yankees, when the umpire not only reminded him that the pitch was "pretty good" but also reminded the rookie that DiMaggio was the batter.

EXTRA INNING: In a fashion similar to the Mon-Clair event, Richard "Foz" Ryan of O'Fallon is attempting to put together a summer picnic for any players from all county leagues in the area, including the East St. Louis Jaycees, Muni, Inter-City and Fountain of Youth leagues.

Persons interested in attending the July 16 (Sunday) noon picnic at the Columbia City Park are urged to contact Ryan at 826-5597, Ray McAtreer at 398-1200, Charlie Hopkins at 281-5444, Arnold DeMarse at 398-0883 or Howard Darrat at 344-8321.

"We don't care if they're former players, umpires, coaches, managers or fans," said Ryan. "We just want to get together and remember." The cost will be \$10 per person, with refreshments included. Ryan also is urging persons to bring scrapbooks or photos of a time he refers to as "when baseball was baseball."

AMONG THE SCRAPBOOK ITEMS Ryan showed was one from a 1957 East St. Louis Journal noting Ray Perry of Troy as the I-C batting champ with a .500 average followed by a 476 compiled by second baseman Ryan for the McAtreer Glass team.

That year's I-C All-Star game was a dandy in which the Red Stars overcame a 5-2 deficit at Troy with a four-run ninth, featuring a three-run triple by Howard Ebertson. The shortstop for the winners was Dal Maxvill, who was hitless in the all-star game but finished the regular season with a .381 average for Sacred Heart of Granite City.

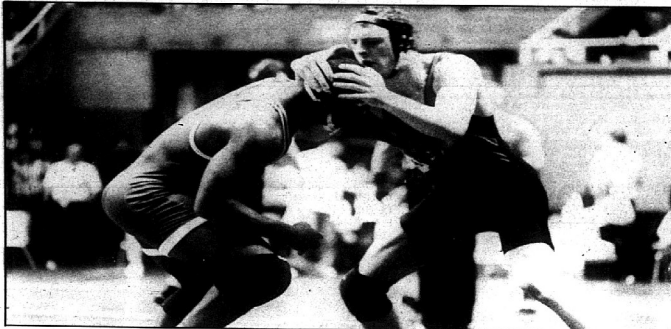
(Art Voellinger is the baseball and soccer coach at O'Fallon High School. He writes a twice-weekly column for the Journal.)

Southwestern Conference					Overall	
Team	L	W	T	W	L	T
Collinsville	10	0	0	28	7	7
Belleville East	6	4	0	18	7	7
Alton	5	5	0	17	12	13
Belleville West	3	7	0	12	13	13
East St. Louis	3	7	0	6	13	13
Granite City	2	8	0	5	13	13

Friday, March 3
Taylorville 43, Collinsville 40 (regional championship)
Belleville East 46, Cahokia 65 (regional championship)
Belleville West 52, O'Fallon 47 (regional championship)

Wednesday, March 8
Belleville West vs. Edwardsville (sectional semifinal at SIUE), 7:30 p.m.

Friday, March 10
Sectional final at SIUE, 7:30



Tony Buchek (right) battles Steve Havard of Wheaton North at last month's Illinois individual state tournament. Buchek, who placed second, has been picked to represent the Metro East in Thursday's East-West All-Star meet.

(Photo by MARK VON BROCK)

GC grapplers place second in IKWF state tourney

After watching his team eliminate the three-time defending Illinois state champions Saturday, Granite City Wrestling Club coach Allen Kirgan was hoping history wouldn't repeat itself.

But for the second straight year, Granite City advanced to the Illinois Kids Wrestling Federation state finals and settled for a second-place finish after a hard-fought 54-45 loss to the Little Celtics.

IT WAS THE first dual-meet loss of the season for Granite City, which gave the Little Celtics all they could handle before falling short. Both teams won 10 of 20 weight classes in a match that pitted the two top-ranked teams in Illinois at Willowbrook High School in suburban Chicago.

Granite City, ranked second, got off to a strong start by winning four of the first 10 weight classes. But the top-ranked Little Celtics rallied and won several key matches to overtake Granite City.

"It was nip and tuck," Kirgan said. "We didn't get any breaks. The kids were really down."

Still, Granite City won its first-round match and then managed to defeat Villa Lombard for the second time this season. Villa Lombard defeated Granite City 79-18 for its third straight state title last year.

ON SATURDAY, Granite City won 57-45. Heavyweight Ben Temple capped off the victory with a win by pinfall in the final match. Temple, who won all three of his matches Saturday, pinned his opponent in 11 seconds to give Granite City some momentum heading into the finals.

"Our boys really got up for it and gave everything they had," Kirgan said. "We probably wrestled the three best teams."

In the first round, Granite City defeated the Vittum Cats 51-30. The team's winners were Temple, Josh Mercer (74 pounds), Rich Carney (79), Gary Oxford (84), Ryan Worthen (85), Pat Sparks (104), George Kirgan (130), Brooks Narvaez (138), Kevin Venn (146), Nick Patrick (166), Jason Newman (171) and Mark Derossert (180).

(See IKWF, Page 4B)

Silver outlasts Gold in M-S All-Star game

By Tim Woods
Correspondent

Lindbergh's Keith Walden was plenty subdued while dressing for Sunday's Mid-States Club Hockey Association Senior All-Star Game.

"You think about all the great players in the room who you're going to be out there with," said Walden, who skated for the Silver team. "But I'm not blessed with a lot of talent. I know I have to work hard to get anything done out there."

But Walden acquitted himself just fine. The gritty play of him and his teammates on the fourth forward line, CEO's Jeff Bennett and John Burroughs' Rich Harri-

man, had much to do with the Silver team's 6-4 victory at Webster Groves Recreation Center.

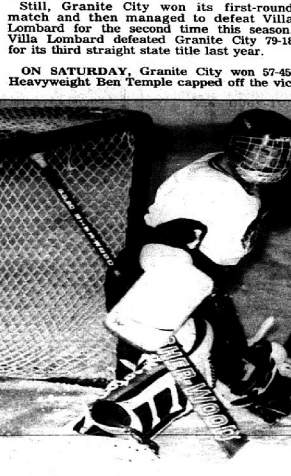
THAT TRIO COMBINED for the only two goals for the first period and sent the Silver squad on to its first All-Star win in three tries.

"I thought those kids did a great job," said Silver coach Kevin McClynn of Vianney. "We knew we were strong up the middle, with four pretty good players."

(See MID-STATES, Page 4B)

Granite City goaltender John Nappier makes a stop. Nappier and senior teammate Jason Crites were chosen to play for the Gold Division squad in Sunday's Mid-States Club Hockey Association Senior All-Star game.

(Photo by T.W. MILLER)



(Photo by T.W. MILLER)

Granite City goaltender John Nappier makes a stop. Nappier and senior teammate Jason Crites were chosen to play for the Gold Division squad in Sunday's Mid-States Club Hockey Association Senior All-Star game.

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(Photo by T.W. MILLER)

Senior showcase
GCHS grapplers to compete in East-West All-Star meet

By Tony Panozzo
Staff writer

Four Granite City High School wrestlers who saw their careers come to a close last week without a final Illinois state tournament appearance will cross states Thursday night for another shot on the mat.

The East-West All-Star Meet, a wrestling tournament featuring the top high school seniors from Missouri and the Metro East, will kick off at 7:30 p.m. Thursday at Meramec Community College in St. Louis County.

Granite City seniors Tim Fulkerson, T.J. Slay, Brian Schooley and Tony Buchek have been selected to compete for the Metro East squad and will take on some of the top wrestlers from St. Louis. The Warriors' season ended last week after the Illinois

High School Association canceled the remainder of the Class AA dual team series and state tournament.

THE WARRIORS ENDED the season 25-0 and ranked first in both Illinois and the St. Louis area. The IHSA's decision to cancel the state tournament brought an end to the prep careers of Fulkerson, Slay, Schooley and Buchek.

The meet, which is sponsored by the Granite City Wrestling Club, has given the top seniors from both sides of the river a chance to square off following state competition for the past 15 years. This year, the lack of a state tournament in Illinois gives the Warriors some added incentive.

"We think the kids deserve (See ALL-STAR, Page 5B)

Journal Writers' Poll
Wrestling

1. Granite City (1).....69
 2. Hazelwood East (2).....64
 3. St. Charles West (3).....66
 4. Francis Howell (4).....48
 5. Wentzville (5).....42
 6. Howell North (6).....27
 7. Calverton (7).....20
 8. McCluer North (8).....14
 9. Althoff (9).....13
 10. Lafayette (10).....11
- (Last week's rankings in parentheses.)

Also receiving votes: Pattonville, Belleville East, Vianney, Delmar and Fox.

Journal Writers' Poll
Boys Basketball

- LARGE SCHOOLS**
1. Charles West (1).....28.2
 2. Vashon (2).....22.5
 3. Edwardsville (4).....20.4
 4. DeSmet (3).....22.7
 5. Hazelwood Cent. (6).....22.7
 6. Collinsville (8).....20.7
 7. Chaminade (7).....19.10
 8. Marquette (8).....21.8
 9. Lafayette (9).....17.13
 10. Webster Groves (10).....20.8
- (Last week's rankings in parentheses.)

Also receiving votes: Eureka, De Soto, Mahville and Francis Howell North.

- SMALL SCHOOLS**
1. Cardinal Ritter (1).....28.3
 2. Berkeley (2).....22.6
 3. Lebanon (5).....23.9
 4. Lutheran South (3).....23.6
 5. Gilman (4).....22.1
 6. Bayless (7).....19.10
 7. Warrenton (9).....21.8
 8. Rosary (6).....20.9
 9. Columbia (8).....20.6
 10. Clayton (10).....22.6
- (Last week's rankings in parentheses.)

Also receiving votes: Grandview, Herculaneum, Duquesne and Kennedy.

Journal Writers' Poll
Girls Basketball

- Large Schools**
1. Cor Jesu (1).....29.0
 2. Parkway South (2).....26.3
 3. Wentzville (3).....23.2
 4. East St. Louis (4).....25.3
 5. McCluer (4).....22.4
 6. Nether Hall (6).....19.11
 7. Northwest (8).....19.11
 8. Belleville East (7).....20.6
 9. Hazelwood Cent. (9).....20.8
 10. Parkway West (10).....22.6
- (Last week's rankings in parentheses.)

Also receiving votes: Hazelwood West and Gateway Tech.

- Small Schools**
1. Incarnate Word (1).....27.4
 2. Wellston (2).....22.3
 3. Westcliff (4).....19.9
 4. Windoor (3).....22.5
 5. Rosati-Kahn (5).....20.9
 6. Villa Duquesne (6).....19.9
 7. Duquesne (7).....15.13
 8. Herculaneum (8).....20.6
 9. Wentzville (9).....20.7
 10. John Burroughs (10).....22.6
- (Last week's rankings in parentheses.)

Also receiving votes: Red Bud and St. Dominic.

Racing season set
to begin at Gateway

Although winter still has the area in its grip, officials of Gateway International Raceway have been busy formulating both long-term development plans and a comprehensive schedule of events for the upcoming 1995 season.

Motor sports enthusiasts will have plenty of opportunities to enjoy Gateway's championship quarter-mile drag strip and 2.2-mile road circuit this year, with racing action scheduled to get under way in mid-March and continuing through early November.

Although relocation and major reconstruction of the facility's drag strip is not scheduled to begin until fall, general manager Robin Weirich has announced that existing facilities — including grandstand seating, concessions and restrooms — will be substantially upgraded to meet management's commitment of providing a family-oriented atmosphere.

WEATHER PERMITTING, the completion date is scheduled for late spring.

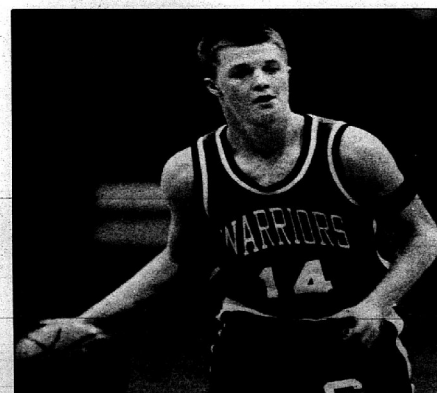
"Since November, when Auto-

motive Safety and Transportation Systems, Inc. (ASTS) assumed control of Gateway International Raceway, we have been working non-stop with our colleagues at the Grand Prix Association of Long Beach (Calif.) to prepare for the upcoming racing season," Weirich said.

"We are firmly committed to bringing major-league motorsports to St. Louis. Although completion of our new drag strip and oval track will take some time, our first step toward achieving our ultimate goal is to demonstrate our commitment to race fans, competitors and the business community by creating a friendly, family-oriented environment."

"ALONG THOSE lines," Weirich continued, "we will be upgrading our food service and menu, improving lighting and security services and marketing an exciting new line of souvenir clothing. We will continue our policy of offering free spectator parking and free admission for children under age 12."

(See GATEWAY, Page 5B)



Steve Logan dribbles up court during last week's game against Edwardsville. The Tigers defeated Jacksonville on Friday and moved on to face Belleville West in tonight's sectional semifinal game at Southern Illinois University-Edwardsville.

(Photo by T.W. MILLER)

Sports shorts

Donkey basketball
Tickets are now available for the Granite City High School donkey basketball game Wednesday, March 8, at Memorial Gymnasium.

Tickets are \$3 in advance or \$4 at the door and are available at the GCHS main office. Children under 6 will be admitted free of charge, and those will be free donkey rides at halftime for the first 100 children in attendance. The games will begin at 7 p.m. with a contest between the Granite City Varsity Club and the Student Council. The GCHS faculty will then play the Granite City police, and the two winners will meet in a championship game.

For more information, call 451-5808.

Umpires needed
The Granite City Park District is seeking baseball and softball umpires for youth games this summer at Wilson Park and will hold a rules meeting at 7 p.m. March 14 at the Brown Recreation Center.

Young adult girls and boys are needed as well as adults. Umpires will be taught the rules and mechanics needed to call Park District games.

The meeting is free. For more information, call Ray Hoffman at the Wilson Park office, 877-3659.

Legacy tourney
The Legacy Golf Course will hold its fifth annual St. Patrick's Day Tournament on Saturday, March 18.

The tournament, a four-player scramble, will begin with a shotgun start at 9 a.m. The cost of \$160 per team includes greens fees, cart, prizes and a corned beef and cabbage dinner. For more information, call 931-4653.

Khouri sign-ups
The Mitchell Athletic Club is extending Khouri League registration through the month of March. Registration will be held from 6-8 p.m. on Tuesday and Wednesday nights at the Mitchell School gymnasium, 316 E. Chain of Rocks Road.

All players must register and will be placed on teams by year of birth. The fees for a schedule of at least 10 games are \$25 for T-ball (ages 5-6), \$30 for softball (8-and-over), \$35 for coach-pitch baseball (age 7), and \$35 for baseball (age 7-10 Senior League). Anyone interested in managing or umpiring may register or call L. Monroe at 797-1532 for more information.

Pontoon Khouri sign-ups
The Pontoon Beach Khouri

League will hold sign-ups for the 1995 baseball and softball season on Mondays and Saturdays through March.

Sign-ups will be held from 6-8 p.m. Mondays at the Pontoon Beach Senior Citizens Hall and from 11 a.m.-4 p.m. Saturdays at Tracy's Shirt Shop, 4084 Park Lane.

Registration requires an original and copy of child's birth certificate. League fees are \$20 for T-ball and coach-pitch, \$30 for baseball, \$30 for softball and \$35 for adult softball.

Youth players are needed for the 1995 season. Anyone interested in managing, coaching or umpiring may call Tracy at 931-1291 or Kathy at 797-6738.

Baseball tournaments
The Dream Fields Inc. Sports Complex will play host to a series of St. Louis-area baseball tournaments open to Atom, Bantam, Midget and Juvenile teams beginning in April.

The first tournament, scheduled for April 7-9, is for Atom II, Bantam I and II and Midget I and II teams. The entry fee is \$85. The second tournament, scheduled for April 27-29, is for Atom II, Bantam I and II, Midget I and Juvenile I teams. The entry fee is \$85.

Four games are guaranteed for the third tournament, scheduled to run May 26-28. It will be open to Atom II, Bantam I and II, Midget I and Juvenile I teams. For more information, call (314) 349-6004.

Baseball tryouts
St. Louis-area baseball coaches will conduct tryouts this month for the St. Louis International Youth Baseball Association to select the USA team to play July 27-Aug. 7 in Germany. Players will fly into Munich and depart from Frankfurt, touring sites and staying with host families.

Tryouts are open to boys born on Aug. 1, 1979, or later, and will be held 1-3 p.m. March 12 at Francis Howell North High School, 2909 Hackman Road, in St. Charles. There will be a \$10 registration fee, which is tax-deductible.

For more information, call Madlynn Levin at (314) 532-5615 or (314) 532-2484.

Softball tourney
The Kirkwood Athletic Association will hold an ASA girls fast-pitch tournament May 19-21 in St. Louis on its fields on Marshall Road. The tournament will feature competition among 8-and-under, 10-and-under, 12-and-under, 14-and-under, 16-and-

under and 18-and-under teams with a three-game guarantee. Entry fees are \$70 for 8-and-under teams; \$100 for 10-and-under and 12-and-under teams; and \$125 for 14-and-under, 16-and-under and 18-and-under teams.

For more information, call Don Leeker at (314) 576-5551.

Mother's Day tourney
Teams are being sought for the SLAM (St. Louis Area Mothers' Day ASA) fast-pitch softball tournament, scheduled to be held May 12-14.

The tournament is open to 8-and-under, 10-and-under, 12-and-under and 14-and-under teams, and will be held at the South County Athletic Association Dream Fields in South St. Louis County.

For more information, call Paul at (314) 225-0484 or Rodger at (314) 391-6888.

Women's softball league
Teams are needed for an open women's fastpitch double-header softball league to be played at Hartford. There will be a 14-game schedule and the first eight teams will be accepted. League play starts June 13-14, with teams playing one night per week.

Teams are also needed for an 18-and-under girls fastpitch tournament, scheduled to be held June 10-11 in Hartford. It will be a round-robin in tournament and the first 12 to 15 teams will be accepted. The entry fee is \$125; send checks (payable to Royals) to Tony Zolner, 160 Tennessee, Granite City, Ill., 62040.

For more information, call Zolner at 931-4586.

All-American game
Tickets for the McDonald's All-American High School Basketball Game are on sale. The game, annually the premier prep basketball all-star event, will be played April 2 at the Kiel Center in St. Louis.

Fans can purchase tickets at the Kiel Center box office, all Tickets Now outlets or by calling Dialtix at (314) 291-7600. Tickets cost \$9, \$10, \$15 and \$25. There are also a limited number of premium seats at \$100 each. Group discounts are available. All proceeds from the game will benefit Ronald McDonald Children's Charities of St. Louis and Metro East.

Michael Jordan, Patrick Ewing, LaPhonso Ellis, Glenn Robinson and Steve Shipovich are a few of the many NBA players who took their first steps to stardom in the McDonald's game.

The game will be played in St. Louis for the first time in its 38-

Sale Dates 3/8 through 3/11

year history.

Athletic scholarships
Over 100,000 college athletic scholarships are available each year to male and female high school and junior college student-athletes. Contrary to popular belief, students don't have to be all-state to qualify. Much of

this money goes unused. For information on how to get a college athletic scholarship, send a self-addressed (business-size) stamped envelope to the National Sports Foundation, 611A Willow Drive, P.O. Box 940, Oakhurst, N.J., 07755.

Sports card show

A sports card show will be held Sunday from 9:30 a.m. to 3:30 p.m. at the Collinsville Gateway Center, located at Interstates 55-70 and Illinois 157. Sports cards, non-sports cards, racing cards, comics and collectibles will also be included. For more information, call Jim Van Horn Jr. at 254-0864.

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P195/70SR-13	\$59.75	P205/70SR-13	\$64.75	P215/70SR-13	\$69.75
P205/70SR-13	\$64.75	P215/70SR-13	\$69.75	P225/70SR-13	\$74.75
P215/70SR-13	\$69.75	P225/70SR-13	\$74.75	P235/70SR-13	\$79.75
P225/70SR-13	\$74.75	P235/70SR-13	\$79.75	P245/70SR-13	\$84.75
P235/70SR-13	\$79.75	P245/70SR-13	\$84.75	P255/70SR-13	\$89.75
P245/70SR-13	\$84.75	P255/70SR-13	\$89.75	P265/70SR-13	\$94.75
P255/70SR-13	\$89.75	P265/70SR-13	\$94.75	P275/70SR-13	\$99.75
P265/70SR-13	\$94.75	P275/70SR-13	\$99.75	P285/70SR-13	\$104.75
P275/70SR-13	\$99.75	P285/70SR-13	\$104.75	P295/70SR-13	\$109.75
P285/70SR-13	\$104.75	P295/70SR-13	\$109.75	P305/70SR-13	\$114.75
P295/70SR-13	\$109.75	P305/70SR-13	\$114.75	P315/70SR-13	\$119.75
P305/70SR-13	\$114.75	P315/70SR-13	\$119.75	P325/70SR-13	\$124.75
P315/70SR-13	\$119.75	P325/70SR-13	\$124.75	P335/70SR-13	\$129.75
P325/70SR-13	\$124.75	P335/70SR-13	\$129.75	P345/70SR-13	\$134.75
P335/70SR-13	\$129.75	P345/70SR-13	\$134.75	P355/70SR-13	\$139.75
P345/70SR-13	\$134.75	P355/70SR-13	\$139.75	P365/70SR-13	\$144.75
P355/70SR-13	\$139.75	P365/70SR-13	\$144.75	P375/70SR-13	\$149.75
P365/70SR-13	\$144.75	P375/70SR-13	\$149.75	P385/70SR-13	\$154.75
P375/70SR-13	\$149.75	P385/70SR-13	\$154.75	P395/70SR-13	\$159.75
P385/70SR-13	\$154.75	P395/70SR-13	\$159.75	P405/70SR-13	\$164.75
P395/70SR-13	\$159.75	P405/70SR-13	\$164.75	P415/70SR-13	\$169.75
P405/70SR-13	\$164.75	P415/70SR-13	\$169.75	P425/70SR-13	\$174.75
P415/70SR-13	\$169.75	P425/70SR-13	\$174.75	P435/70SR-13	\$179.75
P425/70SR-13	\$174.75	P435/70SR-13	\$179.75	P445/70SR-13	\$184.75
P435/70SR-13	\$179.75	P445/70SR-13	\$184.75	P455/70SR-13	\$189.75
P445/70SR-13	\$184.75	P455/70SR-13	\$189.75	P465/70SR-13	\$194.75
P455/70SR-13	\$189.75	P465/70SR-13	\$194.75	P475/70SR-13	\$199.75
P465/70SR-13	\$194.75	P475/70SR-13	\$199.75	P485/70SR-13	\$204.75
P475/70SR-13	\$199.75	P485/70SR-13	\$204.75	P495/70SR-13	\$209.75
P485/70SR-13	\$204.75	P495/70SR-13	\$209.75	P505/70SR-13	\$214.75
P495/70SR-13	\$209.75	P505/70SR-13	\$214.75	P515/70SR-13	\$219.75
P505/70SR-13	\$214.75	P515/70SR-13	\$219.75	P525/70SR-13	\$224.75
P515/70SR-13	\$219.75	P525/70SR-13	\$224.75	P535/70SR-13	\$229.75
P525/70SR-13	\$224.75	P535/70SR-13	\$229.75	P545/70SR-13	\$234.75
P535/70SR-13	\$229.75	P545/70SR-13	\$234.75	P555/70SR-13	\$239.75
P545/70SR-13	\$234.75	P555/70SR-13	\$239.75	P565/70SR-13	\$244.75
P555/70SR-13	\$239.75	P565/70SR-13	\$244.75	P575/70SR-13	\$249.75
P565/70SR-13	\$244.75	P575/70SR-13	\$249.75	P585/70SR-13	\$254.75
P575/70SR-13	\$249.75	P585/70SR-13	\$254.75	P595/70SR-13	\$259.75
P585/70SR-13	\$254.75	P595/70SR-13	\$259.75	P605/70SR-13	\$264.75
P595/70SR-13	\$259.75	P605/70SR-13	\$264.75	P615/70SR-13	\$269.75
P605/70SR-13	\$264.75	P615/70SR-13	\$269.75	P625/70SR-13	\$274.75
P615/70SR-13	\$269.75	P625/70SR-13	\$274.75	P635/70SR-13	\$279.75
P625/70SR-13	\$274.75	P635/70SR-13	\$279.75	P645/70SR-13	\$284.75
P635/70SR-13	\$279.75	P645/70SR-13	\$284.75	P655/70SR-13	\$289.75
P645/70SR-13	\$284.75	P655/70SR-13	\$289.75	P665/70SR-13	\$294.75
P655/70SR-13	\$289.75	P665/70SR-13	\$294.75	P675/70SR-13	\$299.75
P665/70SR-13	\$294.75	P675/70SR-13	\$299.75	P685/70SR-13	\$304.75
P675/70SR-13	\$299.75	P685/70SR-13	\$304.75	P695/70SR-13	\$309.75
P685/70SR-13	\$304.75	P695/70SR-13	\$309.75	P705/70SR-13	\$314.75
P695/70SR-13	\$309.75	P705/70SR-13	\$314.75	P715/70SR-13	\$319.75
P705/70SR-13	\$314.75	P715/70SR-13	\$319.75	P725/70SR-13	\$324.75
P715/70SR-13	\$319.75	P725/70SR-13	\$324.75	P735/70SR-13	\$329.75
P725/70SR-13	\$324.75	P735/70SR-13	\$329.75	P745/70SR-13	\$334.75
P735/70SR-13	\$329.75	P745/70SR-13	\$334.75	P755/70SR-13	\$339.75
P745/70SR-13	\$334.75	P755/70SR-13	\$339.75	P765/70SR-13	\$344.75
P755/70SR-13	\$339.75	P765/70SR-13	\$344.75	P775/70SR-13	\$349.75
P765/70SR-13	\$344.75	P775/70SR-13	\$349.75	P785/70SR-13	\$354.75
P775/70SR-13	\$349.75	P785/70SR-13	\$354.75	P795/70SR-13	\$359.75
P785/70SR-13	\$354.75	P795/70SR-13	\$359.75	P805/70SR-13	\$364.75
P795/70SR-13	\$359.75	P805/70SR-13	\$364.75	P815/70SR-13	\$369.75
P805/70SR-13	\$364.75	P815/70SR-13	\$369.75	P825/70SR-13	\$374.75
P815/70SR-13	\$369.75	P825/70SR-13	\$374.75	P835/70SR-13	\$379.75
P825/70SR-13	\$374.75	P835/70SR-13	\$379.75	P845/70SR-13	\$384.75
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P845/70SR-13	\$384.75	P855/70SR-13	\$389.75	P865/70SR-13	\$394.75
P855/70SR-13	\$389.75	P865/70SR-13	\$394.75	P875/70SR-13	\$399.75
P865/70SR-13	\$394.75	P875/70SR-13	\$399.75	P885/70SR-13	\$404.75
P875/70SR-13	\$399.75	P885/70SR-13	\$404.75	P895/70SR-13	\$409.75
P885/70SR-13	\$404.75	P895/70SR-13	\$409.75	P905/70SR-13	\$414.75
P895/70SR-13	\$409.75	P905/70SR-13	\$414.75	P915/70SR-13	\$419.75
P905/70SR-13	\$414.75	P915/70SR-13	\$419.75	P925/70SR-13	\$424.75
P915/70SR-13	\$419.75	P925/70SR-13	\$424.75	P935/70SR-13	\$429.75
P925/70SR-13	\$424.75	P935/70SR-13	\$429.75	P945/70SR-13	\$434.75
P935/70SR-13	\$429.75	P945/70SR-13	\$434.75	P955/70SR-13	\$439.75
P945/70SR-13	\$434.75	P955/70SR-13	\$439.75	P965/70SR-13	\$444.75
P955/70SR-13	\$439.75	P965/70SR-13	\$444.75	P975/70SR-13	\$449.75
P965/70SR-13	\$444.75	P975/70SR-13	\$449.75	P985/70SR-13	\$454.75
P975/70SR-13	\$449.75	P985/70SR-13	\$454.75	P995/70SR-13	\$459.75
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Basketball

CLASS AA BOYS

Collinsville Sectional

Tuesday, Feb. 28

Game 1: Collinsville 103, Civic Memorial 54
 Game 2: Taylorville 59, East St. Louis Lincoln 45
 Game 3: Cahokia 75, Chatham Glenwood 63
 Game 4: Belleville East 72, Alton 62
 Wednesday, March 1
 Game 5: Edwardsville 95, Granite City 49
 Game 6: Jacksonville 65, East St. Louis 49
 Game 7: O'Fallon 94, Wood River 50
 Game 8: Belleville West 70, Jerseyville 69 (2 OTs)
 Friday, March 3
 Game 9: Taylorville 62, Collinsville 60
 Game 10: Belleville East 66, Cahokia 65
 Game 11: Edwardsville 80, Jacksonville 56
 Game 12: Belleville West 52, O'Fallon 47

At SIUE
 Tuesday, March 7
 Game 13: Game 9 winner vs. Game 10 winner, 7:30 p.m.
 Wednesday, March 8
 Game 14: Game 11 winner vs. Game 12 winner, 7:30 p.m.
 Friday, March 10
 Championship: Game 13 winner vs. Game 14 winner, 7:30 p.m.

At SIUE
 Tuesday, March 7
 Game 13: (9) Taylorville vs. (5) Belleville East, 7:30 p.m.
 Wednesday, March 8
 Game 14: (2) Edwardsville vs. (6) Belleville West, 7:30 p.m.
 Friday, March 10
 Championship: Game 13 winner vs. Game 14 winner, 7:30 p.m.

Salem Sectional
 Tuesday, Feb. 28
 Game 1: Salem 65, Carbondale 44
 Game 2: Paris 63, Effingham 43
 Game 3: Mattoon 72, Mascoutah 64
 Wednesday, March 1
 Game 4: Highland 83, Murphysboro 61

Game 5: Mt. Vernon 59, Triad 49
 Game 6: Olney East 68, East St. Louis Lincoln 45
 Game 7: Mt. Carmel 63, Marion 59
 Friday, March 3
 Game 8: Centralia 100, Salem 66
 Game 9: Mattoon 71, Paris 67
 Game 10: Highland 69, Mt. Vernon 54
 Game 11: Mt. Carmel 69, Olney East 61
 At Salem
 Tuesday, March 7
 Game 12: (1) Centralia vs. (5) Paris, 7:30 p.m.
 Wednesday, March 8

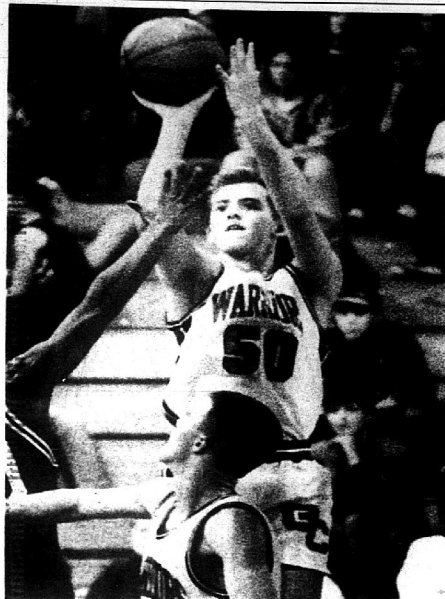
Game 13: (2) Highland vs. (3) Mount Carmel, 7:30 p.m.
 Friday, March 10
 Championship: Game 12 winner vs. Game 13 winner, 7:30 p.m.

Carbondale Super-Sectional
 March 14
 Collinsville Sectional winner vs. Salem sectional winner, 7:30 p.m.

State tournament
 Friday, March 17
 At Assembly Hall
 Champaign
 Game 1: Evanston Sectional winner vs. Aurora Sectional winner, 12:15 p.m.

Game 2: DeKalb Sectional winner vs. Normal Sectional winner, 1:45 p.m.
 Game 3: Carbondale Sectional winner vs. Rockford Sectional winner, 6:45 p.m.
 Game 4: Chicago Public League winner vs. Hinsdale Central winner, 8:15 p.m.

Saturday, March 19
 Game 5: Game 1 winner vs. Game 2 winner, 11:15 a.m.
 Game 6: Game 3 winner vs. Game 4 winner, 12:45 p.m.
 Third place: Game 5 loser vs. Game 6 loser, 6:45 p.m.
 State championship: Game 5 winner vs. Game 6 winner, 8:15 p.m.



(Staff photo by PAM DOEPKE-HURD)
 Granite City senior center Wayne Myers fires a shot. The Warriors ended the year last week with a Class AA regional loss to second-seeded Edwardsville.

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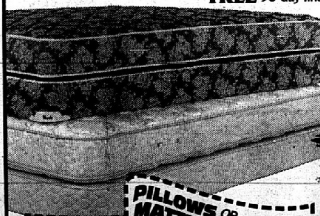


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•Mid-States

(Continued from Page 1B)

centers. But you don't go in expecting to get a couple of goals from your fourth line." The Silver team, which also got shutout goaltending from Fox's Dusty Harwell in the opening period, led 4-1 after two frames, then quickly repelled brief Gold rallies in the third.

"We came close. We started thinking we could tie it, and maybe it'd go to a shootout," said the Gold's Stuart MacArthur, the dazzler from Parkway West, who had a goal and two assists in the third period to keep his team in the hunt. "It was just a lot of fun out there."

Harwell, who last week received the annual St. Louis Blues Alumni Scholarship Award, kept the Gold from enjoying itself too much early on. He made 12 saves in the opening stanza.

"It's kind of scary, being the (starting) goalie and knowing you're up against a lot of great players," Harwell said. "But you know you've got a great team in front of you, too. That gives you a lot of confidence. All you have to do is make the first save."

Meanwhile, Walden started the play for the game's first goal when he carried across the blue line, then absorbed a hit while discharging to Harriman. Harriman passed to Bennett, who beat Gold starting goaltender Chris Pfountz of Webster Groves 3 minutes, 31 seconds in.

Later, at the 8:36 mark, Walden converted a two-on-one, taking a pass from Harriman as Gold defenseman Julie Her of Pattonville tried to intervene. The Silver's Rob Kellogg (CBC) turned in an end-to-end

Silver 6, Gold 4

SILVER ALL-STARS 2 2 2 - 6
GOLD ALL-STARS 0 1 3 - 4

3:36 First period
SILVER — Jeff Bennett (Rich Harriman), 3:36

SILVER — Keith Walden (Harriman, Bennett), 8:36

Second period
GOLD — John Velasco (Rob Bell), 4:01

SILVER — Jesse Bentrup (Rob Kellogg), 4:16

SILVER — Kellogg (Brian Ellsworth), 11:11

Third period
GOLD — Jim Adelman (Stuart MacArthur, Dale Sundbaker), 1:47

SILVER — Cory Haegele (Chris Ferguson, Chris Williams), 6:03

GOLD — MacArthur (Chip Duestle, Steve Moore), 9:15

SILVER — Mark Paluczek (Haegele, Williams), 10:07

GOLD — Trevor Henry (MacArthur, Duestle), 14:19

Shots on goal 11 10 8 - 29

Silver 12 9 11 - 32

Goalkeepers — Gold: Dusty Harwell (first period), Walter Girardina (second), Terry Hester (third), Silver: Chris Pfountz (first), Ian Mackie (second), John Nappier (third)

goal at 11:11 that boosted his team's lead to 4-1. Earlier, he was fouled on a breakaway by the Gold's Ian Mackie (Parkway North), but teammate Jesse Bentrup (St. Mary's) buried the rebound. That offset the Gold's

•IKWF

(Continued from Page 1B)

first tally, by John Velasco (Hazelwood East) at 4:01. In the third period, MacArthur began making his mark. He fed Jim Adelman (Ladue) at the right point for a goal at 1:47 that cut the Gold's deficit to 4-2. At 9:15, he weaved into the slot and scored to keep things close, at 5:3. And he set up Trevor Henry (Parkway Central) for the game's final goal at 14:19.

"It's great playing with guys like (MacArthur). They make you look good," Henry said. "A lot of the guys knew each other already, from playing club (hockey) before."

Henry had an outstanding moment in his own right, breaking up an empty-net two-on-one with time winding down after Gold coach Jack Behan (Parkway South) had pulled goaltender John Nappier (Granite City) in favor of a sixth attacker. Henry went to his knees to deflect a pass from the Silver's Mark Paluczek (Vianney) headed for Brett Dalmer (Mehlville). "I like that kind of challenge," Henry said. "You can't be afraid in that situation." Behan said, "It was just a lot of fun to watch these kids play and to share their last high school game with them."

•IKWF

(Continued from Page 1B)

Granite City won 11 matches against Villa Lombard. The winners were Mercer, Oxford, Worthen, Sparks, Kirgan, Narvaez, Vienne, Patrick, Temple, Matt Levart (147) and Jake Tjrtan (70).

The winners against the Little Celtics were Tjrtan, Oxford, Sparks, Narvaez, Vienne, Derossett, Newman, Temple, Zack May (89) and Justin Hale (115). Granite City is now preparing for this weekend's IKWF individual regional meet at Granite City High School. The top four wrestlers from each weight class advance to sectional competition, and the top three wrestlers from each weight class at the sectional tournament will advance to state.

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Prep roundup

Friday, March 3
Boys basketball
Class A regional finals

Taylorville 62, Collinsville 60

TAYLORVILLE 11 21 8 22 - 62

COLLINSVILLE 10 17 23 10 - 60

TAYLORVILLE: Stork 21, Lower 18, Lufkin 11, Collins 6, Morris 4, Chisholm 2. FG-14, 3FG-4, FT-18.

COLLINSVILLE: Garcia 27, Water 16, Wiegler 6, Dandridge 4, Stutz 4, McFall 3. FG-24, 3FG-2, FT-9.

Ballouville East 65, Cahokia 65

BEHAVIOR EAST 21 9 18 10 - 65

CAHOKIA 17 23 22 12 - 65

BEHAVIOR EAST: Sizoo 20, Hefling 15, Roth 9, Tanner 8, Frisbee 2, McManus 2. FG-14, 3FG-5, FT-10.

CAHOKIA: Harmon 15, V. Ford 12, Jackson 8, Sillas 7, Williams 7, A. Ford 5, Winters 5, Blanks 2, Folsch 2. FG-14, 3FG-4, FT-10.

Edwardsville 68, Jacksonville 65

JACKSONVILLE 18 14 13 14 - 65

EDWARDSVILLE 20 27 20 21 - 68

JACKSONVILLE: Yarnette 15, Jeffries 13, Morgan 10, Phelan 4, Anderson 3, Jenkins 3, Culp 2, Nelson 2, Beal 2, Tobin 2. FG-19, 3FG-4, FT-14.

EDWARDSVILLE: Brown 27, Woods 17, Wright 13, Dougherty 13, Smith 7, Thomas 4, Jumper 3, Vaughn 5, Nicholson 2. FG-34, 3FG-8, FT-13.

Bellevue West 52, O'Fallon 47

BELLEVUE WEST 18 15 7 10 - 52

O'FALLON 17 11 12 12 - 47

BELLEVUE WEST: Jones 17, King 12, Bulley 10, Meador 8, Osborn 2, Mosley 2. FG-16, 3FG-6, FT-11.

O'FALLON: Thurnell 17 (18 rebounds), Master 10, Wyatt 8 (8 assists), Tray 8 assists, Proffitt 3, Harper 2. FG-18, 3FG-4, FT-3.

Class A sectional finals

Lincolnwood 68, Lincolnwood 68

LINCOLNWOOD 12 15 15 13 - 68

LEBANON 28 13 24 18 - 83

LINCOLNWOOD: Snyder 25, Donner 12, Crawford 12, Burt 6, Harnish 6, Peterson 2, Puggenpore 2. FG-26, 3FG-4, FT-14.

LEBANON: Schneider 24, Tarter 17, Roth 16 (16 rebounds), Waldrum 10, Douglas 10, Kutz 2, Kerkman 2. FG-25, 3FG-10, FT-12.

Gibault 76, Mater Dei 71

GIBAULT 7 11 14 14 - 76

MATER DEI 10 15 20 11 - 71

GIBAULT: Tait 18, Huggard 8, Ledbetter 6, Schenck 4, C. Thomas 3, Andrews 2, Lane 2. FG-10, 3FG-4, FT-4.

MATER DEI: Dooel 16, Worthing 13, Kratz 11, Bader 10, Kalmier 8, Bryan 12, Kalmier 4, Pingsthaus 3, Tobbe 2. FG-21, 3FG-3, FT-4.

Wednesday, March 1
Boys basketball
Class AA regional

Collinsville 103, Civic Memorial 84

CIVIC MEMORIAL 8 11 13 22 - 84

COLLINSVILLE 28 20 21 22 - 103

COLLINSVILLE: Stutz 31 (7 assists), 6 steals, 10 assists, Cochran 6, McFall 12, Davinroy 10 (8 assists), Goffman 6, Wiegler 4, Dunt 4, Harnisch 2.

Class AA sectional

Gibault 66, Benton 49

GIBAULT 12 8 11 20 - 66

BENTON 10 17 20 10 - 49

GIBAULT: Carroll 23, Olson 10, Lang 8, Kern 2, Kettman 2, Vaughn 2, Blomd 2, Manasco 2. FG-15, 3FG-4, FT-12.

BENTON: Thurnell 17 (18 rebounds), Ledbetter 13, Andrews 7, Lane 2, Schenck 4, Slag 4. FG-16, 3FG-7, FT-11.

Tuesday, Feb. 28
Boys basketball
Class AA regional

Collinsville 103, Civic Memorial 84

CIVIC MEMORIAL 8 11 13 22 - 84

COLLINSVILLE 28 20 21 22 - 103

COLLINSVILLE: Stutz 31 (7 assists), 6 steals, 10 assists, Cochran 6, McFall 12, Davinroy 10 (8 assists), Goffman 6, Wiegler 4, Dunt 4, Harnisch 2.

Class AA sectional

Gibault 66, Benton 49

GIBAULT 12 8 11 20 - 66

BENTON 10 17 20 10 - 49

GIBAULT: Carroll 23, Olson 10, Lang 8, Kern 2, Kettman 2, Vaughn 2, Blomd 2, Manasco 2. FG-15, 3FG-4, FT-12.

BENTON: Thurnell 17 (18 rebounds), Ledbetter 13, Andrews 7, Lane 2, Schenck 4, Slag 4. FG-16, 3FG-7, FT-11.

What every woman should know about
INCONTINENCE
(loss of bladder control)
Wednesday, March 15
7 p.m.

Guest Speakers:

Dennis Stanczyk, M.D. Vijay Aher, M.D.
Urologist Urologist

Learn more about:

•Types of Incontinence

•Symptoms & Causes

•Treatment Options

•Answers to Your Questions

St. Elizabeth's Hospital of Belleville

What every woman should know about
INCONTINENCE
(loss of bladder control)
Wednesday, March 15
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Urologist Urologist

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•Types of Incontinence
•Symptoms & Causes
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Services include:
Examination by Harvey L. Mirly, M.D., a fellowship-trained orthopedic hand surgeon. Also may include x-rays and physical therapy as well as other ancillary services such as social service and nursing.

Fees:
Fees are charged according to services received. Belleville Orthopedic Surgeons is a Medicare provider and insurance billing will be handled for you by the BOS staff.

Date, Time, Place:
Friday, March 17, 1995
Noon to 2 p.m.
Memorial's Physical Therapy
Center of Collinsville
531 Vandalia, Collinsville, Illinois

Information:
Examinations are by appointment only and physician referral is not required. For your convenience, a copy of your HAND/UPPER EXTREMITY SERVICE evaluation report will be sent to your physician. For an appointment, call, (618) 235-2900.

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Memorial Hospital
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SUBURBAN JOURNAL
*IN SELECTED AREAS

•Gate
(Continued from Page 1B)
Weinrich a development plan, as well. He is negotiating with operators of the area from the across from the parking lot.
He said conversations taken place with the Department of concerning traffic out of the Raceway.
The Raceway was from weekend beginning March day night time (mid-April), plus future events here.

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Horoscope

Wednesday, March 8
The loquacious Gemini moon fires bright conversation and sparkling social fun. Catch up on local news over lunch. The moon's morning harmony with gentle Venus spreads a soothing balm over earlier strains with close kin. The evening moon (feelings) hugs against Jupiter (expansion) — throw off vexing chains. A heart-to-heart with your mate resolves a freedom-limiting issue and gives more autonomy to you both.

ARIES (March 21-April 19). Your competitive spirit leads the charge. Exciting new projects feed your get-ahead drive and push you toward financial gains. Rework self-defeating attitudes. Linger childhood patterns could hinder your climb.

TAURUS (April 20-May 20). You're a fountain of wisdom. Colleagues rightly trust your judgment, seeking you out for sensitive financial advice. Your wealth mushrooms through a co-investment with a savvy chum. Your mate needs space.

GEMINI (May 21-June 21). Your delightful dementia heralds an exhilarating new romance. Money links with love — a spicy getaway dovetails perfectly with a lucrative business trip out of town. Just for fun, send hot-off-the-press updates to pals.

CANCER (June 22-July 22). Plunge into serious love. Enveloped in folds of delicious intimacy, you and your honey finally commit. Attached crabs renew ecstasy in secluded digs. Be circumspect about money — a lead may be based on non-facts.

LEO (July 23-Aug. 22). Free-wheeling lions are eager to play. Speculating on sports and leisure activities links income to fun — but watch that gambling urge. Invest in a casino instead — make others' risks your gain. Your amorous overture succeeds.

TODAY'S BIRTHDAY (March 8). Roar into action. A sexy April romance has a financial advantage — related gains come through marriage or family by August. Ask for a raise in May after your project is complete. Keep your budget in line. A career drive makes fabulous progress after July. Improving your attitude brings more impressive gains in your private life. Your lucky numbers are 1 and 18.

VIRGO (Aug. 23-September 22). Your superb organizational skills put you in line for a better job. Push your luck. Setting your sights high is the key to moving up. Dump that self-effacing attitude — it holds you back. Love with a romantic Capricorn can last.

LIBRA (Sept. 23-Oct. 23). A new love possibility tickles your fancy and revamps your evening plans. A spontaneous double date simmers with latent surprise — each partner falls for his or her companion's date. All share ecstatic bliss.

SCORPIO (Oct. 24-Nov. 21). Your magnetic presence intrigues suitors and hints at a soul-searing romance. A potential hitch: Scorps can overprotect their autonomy, too-jealously guarding their private turf. Ease your territorial attitude.

SAGITTARIUS (Nov. 22-Dec. 21). Heroic tendency powers athletes to accept greater challenges and sweep more dazzling wins for the team. Big-money players ride a competitive crest to a sudden wallet-plumping success. Take a lucky tip from a chum.

CAPRICORN (Dec. 22-Jan. 19). Your subdued style takes on fresh pizzazz: You're the clever, charismatic proffer. Deepen productive friendships as you climb — tried-and-true alliances are invaluable in the years ahead.

AQUARIUS (Jan. 20-Feb. 18). You're in your element and raking in dough — developments in science and electronics bring lucky investments or a super job. In a wink, you're smashing rich. A prosperous crowd accepts you as one of its own.

PISCES (Feb. 19-Mar. 20). The glow of a lover's hope flares into a luminous flame — suddenly, you're a central character in a storybook romance. A trip brings you luck, and an old, familiar setting is the stage for a successful scheme.

Joyce Jillson
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Movie schedules

Film timetable for Wednesday, March 8. For times on other days or to confirm these times, check local theaters.

CARMIE PETITE
1-7 and Hwy. 157, Collinsville, 366-708
Man Of The House (PG) 7:15, 9:30
Just Cause (R) 7:30, 9:30
The Brady Bunch Movie (PG-13) 7:00, 9:15
Hideshow (PG) 7:00, 9:30

EASTGATE CINE
Eastgate Plaza, E. Alton, 254-5289
The Brady Bunch Movie (PG-13) 5:00, 7:30
The Hunted (R) 5:00, 7:30
Roommates (PG) 4:15, 7:00
Man Of The House (PG) 4:30, 6:45
Hideshow (R) 4:45, 7:15
Billy Madison (PG-13) 5:15, 7:45

COTTONWOOD EDWARDSVILLE CINE
Edwardsville, Ill.
The Quick And The Dead (R) 4:30, 7:00, 9:45
Legends Of The Fall (R) 4:00, 7:15, 10:25, 9:45
Heavyweights (PG) 4:15, 6:45, 9:15

KELLER PLAZA 8 CINE
Leway Ferry & Main, 822-4500
Just Cause (R) 5:05, 7:10, 9:15
Shogun: Redemption (PG) 4:55
Dumb And Dumber (PG) 7:30, 9:30
Roommates (PG) 5:00, 7:20, 9:35
Man Of The House (PG) 5:15, 7:00, 9:05

THE MANGLER (R) 5:10, 7:05, 9:10
THE QUICK AND THE DEAD (R) 5:20, 7:25, 9:30
PULP FICTION (R) 5:00, 8:00
LEGENDS OF THE FALL (R) 5:25, 8:15

LINCOLN THEATER
103 E. Main (Belleville), 233-5123

Star Trek Generations (PG) 7:15, 9:30
Highlander 3 (PG-13) 7:00, 9:30
Far From Home (PG) 7:00, 9:30
NAMEOKI CINE
30 Nameoki Village, 877-6630
Legends Of The Fall (R) 7:00
Heavyweights (PG) 7:15

QUAD CINE
Belleville, Ill.
Heavyweights (PG) 5:00, 7:15, 9:30
The Brady Bunch Movie (PG-13) 4:45, 7:00, 9:15
Hideshow (R) 4:30, 7:30, 10:00
Hoop Dreams (PG-13) 4:15, 6:00

RITZ 3 THEATER
401 E. Main St., Belleville, 233-3536
Neil (PG-13) 7:30, 10:00
Star Trek Generations (PG) 7:00, 9:45
The Santa Clause (PG) 7:15, 9:30

ROXANA CINE THEATER
Roxana, Ill., 244-4774
Dumb And Dumber (PG-13) 7:00

ST. CLAIR 10
50 Ludwig Drive, 388-8353
The Hunted (R) 11:50, 2:10, 7:35, 10:05
The Quick And The Dead (R) 5:10
Man Of The House (PG) 11:30, 1:40, 4:15, 7:10, 9:10
Roommates (PG) 11:45, 2:00, 4:30, 7:25, 9:45

NOBODY'S FOOL (R) 11:40, 2:15, 7:45, 10:10
BOYS ON THE SIDE (R) 5:15
JUST CAUSE (R) 12:45, 3:00, 5:30, 7:50, 10:15
HIDEAWAY (R) 11:35, 2:05, 4:45, 7:40, 10:10

THE MANGLER (R) 12:00, 2:20, 5:00, 7:50, 10:20
THE WALKING DEAD (R) 11:55, 1:55, 4:05, 7:00, 9:00
BILLY MADISON (PG-13) 12:30, 2:30, 4:40, 7:30, 9:30
THE BRADY BUNCH MOVIE (PG-13) 12:20, 2:20, 4:20, 7:15, 9:20

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Every Friday During Lent



The Blackwood Family will appear at the RV Camping and Travel Show.

RV's bringing Branson & more to St. Louis!

There will be a variety of recreational vehicles on display at the 18th annual RV Camping and Travel Show March 16-19 at Cervantes Convention Center in St. Louis.
The show is produced by the Midwest Gateway RV Dealers Association and sponsored by AAA and NAPA Auto Parts. The event offers consumers 400 of the latest in motor homes, travel trailers, "fifth-wheel," tent campers, conversion vans, plus exhibits by campgrounds, resorts, destinations and products of interest to those sharing the RV lifestyle.
Branson entertainment, sponsored by NAPA Auto Parts, will include The Blackwood Family, Denny Yearly Show and Ozark County Jubilee. There also will be special St. Patrick's Day festivities on March 17, with Irish music and dancing by St. Louis Irish Arts and the Lavin-Cassidy School of Irish Dance. The Kramer Marionettes, Magic by Apperson and "golden oldies" by The Boomers will be featured on KLOU 105 Family Day, March 19.
The history and public fascination with Route 66 will be presented by Michael Wallis, author of Route 66: The Mother Road. Wallis is scheduled for

Show hours are noon to 10 p.m. March 16-18 and noon to 5 p.m. March 19. Regular adult admission is \$7, with \$2 adult discount coupons available at participating NAPA Auto Parts stores. Admission for children ages 6-12 is \$2 (5 and under free).
Two seminars each day, Friday, Saturday and Sunday.
Another set of seminars will be Thursday, Friday and Saturday by Trailer Life Magazine columnist, Bill Graves. His monthly column "America's Outback," features stories about the fun and relaxation that can be found in exploring America's countryside.
Show hours are noon to 10 p.m. March 16-18 and noon to 5 p.m. March 19. Regular adult admission is \$7, with \$2 adult discount coupons available at participating NAPA Auto Parts stores. Admission for children ages 6-12 is \$2 (5 and under free).
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Animal Hou...
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There's more to trivia than just knowing your lines

By Kevin Carbery
Staff writer

Recalling lines from movies is something of a hobby for my friends and me. Maybe we are nerds, but that's none of your business. Anyway, we take great delight in recalling favorite film moments, such as the Bluto speech in "National Lampoon's Animal House." After another character suggests that it's too late to do anything about getting kicked out of school, John Belushi, as Bluto, responds, "Over? Did you say, over? Nothing is over unless we decide it is. Was it over when the Germans bombed Pearl Harbor? Hell, no. And it ain't over now. Because when the going gets tough—the tough get going. Who's with me? Let's go!"

I may have mixed up a few of the words, but you get the drift. This week's trivia quiz is based on dialogue from films. I've tried to re-create the lines as close to the original as possible, but I've lost too many brain

cells through the years to be able to remember every single word.

The way this works is that I'll give you a line. You have to guess the film it is from in order to get credit.

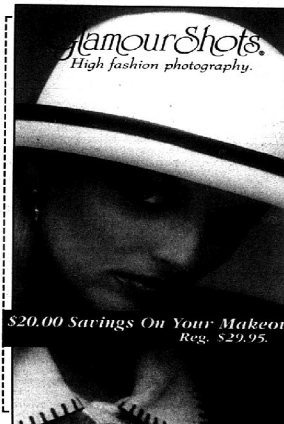
1. "It's not the years. It's the mileage."
2. "Where shall I go? What shall I do?"
3. "We're putting on the foil."
4. "How many of you cried when Old Yeller died?"
5. "Where'd you get the coco-nuts?"
6. "LaFong. Carl LaFong. Capital L, small A, capital F, small O, small N, small G. LaFong."
7. "Idiot! You've broken my pointer!"
8. "We're on a mission from God."
9. "Looks like I picked the wrong week to quit sniffing glue."
10. "Listen, anything you'd have to say about your mother-in-law, you don't have to explain to me. Do you know what I mean? It's like if she were a

star of a real crummy horror movie, I'd believe it."

- ANSWERS: 1. "Raiders of the Lost Ark." Indiana Jones says this after his girlfriend tells him he's not the man she used to know.
2. "Gone with the Wind." After Scarlett says this, Rhett says he doesn't give a damn.
3. "Slap Shot." The Hanson brothers put foil on their hands to prepare for fighting in their hockey game.
4. "Stripes." Bill Murray, as John, asks this of his platoon members when they start fighting each other.
5. "Monty Python and the Holy Grail." A castle guard asks this to King Arthur in a hilarious scene too complicated to be explained here.

6. "It's a Gift." A salesman keeps repeating the name LaFong to W.C. Fields, who is trying to sleep. This is one of my favorite movie moments of all time.
7. "A Shot in the Dark." Inspector Clouseau says this to his assistant after hitting him with the pointer.
8. "The Blues Brothers." Dan Aykroyd, as Elwood, keeps telling this to people when he and his brother try to get their old band back together.
9. "Airplane!" Lloyd Bridges, as an airport administrator, says this during a stressful situation.
10. "It's a Mad, Mad, Mad, Mad World." Jonathan Winters says this about Ethel Merman when Milton Berle tries to explain why he left him behind on the highway.

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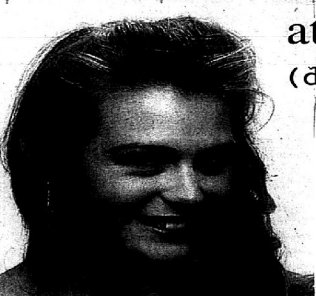
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Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty. Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000. This calendar runs in every Wednesday's Journal.

Wednesday, March 8

American Association of Retired Persons Chapter 1340, meets at Granite City Township Hall. Doors open at 5 p.m. Refreshments served at 6 p.m. A short meeting will be held followed by an evening of games. All seniors 50 and over are welcome. For more information call 876-8328.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home located at 1417 18th St., in Granite City. Call 876-7816 for more information.

Granite City Chess Club meets from 6 to 9 p.m. at the Granite City Public Library. For more information, call 876-8328.

Colonial Care Center will host senior bingo from 2 to 4 p.m. Refreshments, attendance prizes and cash payouts will be offered. For more information, call 831-3992.

Mount Zion General Baptist Church, 2827 Mockingbird Lane, in Granite City, will offer free clothing available to those in need from 10 a.m. to noon.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Docors Solarium, St. Elizabeth Medical Center 798-3019.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Books and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Latham, 2206 Vandeventer St., Collinsville. The cost is \$2.50 per person. Per session. For information, call 344-4636 or 344-4183, or contact CARD at 346-7529.

Divorced and Separated Group Ministry, 7:30 to 9 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 956-9268.

Al-Anon 7:30 p.m., Gateway Foundation, 600 Lincoln, Caseyville, 463-2429.

Parents Anonymous Group, meets 8 to 9 p.m. For information on where meeting will be held, call Elaine Landolt, 463-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial

Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 432-2336 or Diane at 876-1360.

Thursday, March 9

Edwardsville Kennel Club, 7:30 p.m., Hayes Mallory Community Building, 216 Crane St., Edwardsville, open to public.

Glen Ed Right to Life will meet at 7 p.m. at the Madison Mutual Insurance Company Building in Edwardsville. The public is invited to attend.

The Human Rights Authority meets at 8 p.m. at the Granite City City Hall, 2000 Edison Avenue. The meeting is open to the public.

Madison County Genealogical Society, meets 7 p.m. at Immanuel United Church, 800 N. Main, Edwardsville.

Navy Mothers Clubs of America, meet at 7:30 p.m. at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2292 or 876-2292.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Foursquare Church will give out food and clothing from 1 to 3 p.m.

Take Off Pounds Sensibly Chapter 2363, 6-8 p.m., at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hotline 398-9409.

Overeaters Anonymous, 7:30 p.m., 1st First Christian Church, 2415 N. 89th St., Caseyville. For information, call 1 (314) 638-7821.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 951-0443.

Friday, March 10

Holy Family Catholic Church, 2606 Washington Ave., in Granite City, will sponsor a Lenten fish fry from 4 to 7 p.m. The cost is \$2.25 for plates, \$3.25 for sandwiches and 50 cents for homemade desserts. Carry-outs are available. The menu includes hand-dipped cod, choice of spaghetti or fries and salad, hot dogs, beer, coffee or soda.

Eagles Auxiliary 1126 will host

a dessert sale from 5 to 8 p.m. at the Eagles fish dinner, 2558 Madison Ave., in Granite City. Contact Vera Johnson for donations or to volunteer.

Southern Illinois Divorced and Separated Catholics, 7:30 p.m., St. Boniface School, 128 N. Buchanan, Edwardsville.

Downtown Neighborhood Restoration Society, Granite City, 876-7715, 8 p.m.

Hereditary Ataxia (a disorder of nerve cells in the spinal cord and cerebellum) support group. Call Curt Williams, 877-5172, for information.

Al-Anon meets at 8 p.m. at the main floor at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Foursquare Church will give out food and clothing from 1 to 3 p.m.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. Call 877-9350 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Paul Hall, St. Elizabeth Medical Center. Call 798-3040 for more information.

Saturday, March 11

Quad City Youth Fellowship, 2257 Cleveland, 7 p.m., 931-3480 or 877-4276.

Piasa-Gateway Chapter of Abate of Illinois will meet at 7 p.m. at Gabby's Bar and Grill, 1800 State St., Granite City. Call 462-2009 for more information.

St. John Lutheran Church will host an all-you-can-eat ham and bean dinner from 11 a.m. to 6 p.m. in the basement of the church, located on the corner of St. Clair and Dale Avenue in Granite City. Tickets are \$3.50 for adults and \$1.50 for children under 12 years of age.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hotline 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Amanda Turner is the secretary and Alfred Turner is the pastor.

Sunday, March 12

Midwestern United States Imperial Dance Club (MUSIC) will hold its regular meeting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmember and \$2 for members. For more information, call 463-2405.

Collinsville SportsCard Show will be held from 10 a.m. to 4 p.m. at the Collinsville Gateway

Center, Illinois 157 and Interstate 55 70 in Collinsville. Single admission is \$1; family admission is \$2. Call 254-0864 for more information.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hotline 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascual Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 will hold its regular meeting at 7:30 p.m. at the Nameoki Bingo Center. Also included will be a color raffle and a 50/50 drawing.

Overeaters Anonymous, meets at 2 p.m. in the Wiseman Room, first floor, St. Elizabeth Medical Center in Granite City.

Monday, March 13

Granite City Lions meet at 7 p.m. at the Knights of Columbus Hall in Granite City in either the auxiliary room or the Pinta room. Any man or woman 18 or older interested in Lionism is welcome to attend. Anyone interested may call Lion President Marlene Cook at 876-2515 or Lion Treasurer Ken Turcott at 877-9776.

Eagles Auxiliary 1126 will carpool to Alton to attend a reception for the grand madam president, Iris McDermott. Refreshments will be served at 7 p.m. Anyone interested in attending can contact Ann Pates, 931-6825, or Joanna Spencer, 451-2716, to carpool. The group will leave Granite City at 6 p.m.

Madison/St. Clair C.A.A.D.D. (attention deficit) Parent Support Group, no meeting is scheduled for this month.

National Association of Retired Federal Employees (NARFE) Chapter 1067 meets at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 931-2118.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Neglected Victims of Child Sexual Abuse support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds

Sensibly), 6 p.m., Melvin Price Support Center in Granite City; 876-2124.

TOPS 11, 6:45, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 462-6102. Men and women welcome.

Wal-Mart Senior Citizens, bingo, 7 to 8:30 a.m.

Tuesday, March 14

Renewal and Protective Order of EHS, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m.

Eagles Auxiliary 1126 will hold its regular meeting at 7:30 p.m. at the Eagles home, 2558 Madison Ave., in Granite City. A social hour with refreshments will follow the meeting.

Edgewood Program will host a talk and film on "Alcohol and Drug Addiction - What Is It?" at 7:30 p.m. in the Wiseman Room at St. Elizabeth Medical Center. The speaker will be Warren Neal, a counselor in SEMC's Behavioral Health System. This talk is free and open to the public. Call 798-3012 for more information.

Job's Daughters Bethel #4 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

Knights of Columbus, 3rd Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Madison Junior Service will host a spring hobby auction at 7 p.m. at the Madison Recreation Hall, Seventh Street and Lee Avenue, in Madison. New hobby and craft items will be auctioned. Proceeds will benefit charity funds. Desserts will be served. Everyone is welcome to attend. The event is free of charge.

Alliance for the Mentally III, 7 p.m., Eden United Church of Christ, 903 N. Second St., Edwardsville; for information call 877-9006.

Better Breathers, support group of those with chronic lung condition, 1 p.m., Pascual Hall, St. Elizabeth Medical Center, 798-3118.

Mastectomy Support Group, 7 to 9 p.m., Pascual Hall, main floor, St. Elizabeth Medical Center, 798-3510.

Mitchell Fire Protection District 2 monthly meeting, 7 p.m., Maryville and Old Alton roads.

TOPS 1699 (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St.; call 797-2724 for more information.

Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

Al-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City (babysitter available), 463-2429.

Alatene and Prelatene Program for 12 to 17 age group, and prelatene for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.

The Christian Women's Club, serving Madison County, will hold a "Bloom Where You Are Planted" luncheon at 12:15 p.m. at the Quality Inn-Raintree Restaurant in Collinsville. Call 288-7108 or 667-7271 for more information.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 86th Street in Belleville. For more information, call 234-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hotline 398-9409.

School of Metaphysics, 7:30 to 10:30 p.m., 9459 Kossian Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanée McManus at 429-0076.

Veteran

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Veterans hold 34th annual reunion in Collinsville

The Quality Inn in Collinsville was the site of the 34th annual reunion of the Army's Company "F", 363rd Regiment, 91st Division, which was first organized by Damian Caffrey Sr. of Pontoon Beach. The reunion was held in September.

This unit served in Italy during World War II from July 1944 until the end of the war in

Italy in May 1945. The unit participated in three major campaigns, Rome — Arno Campaign, North Apennines Campaign and the Po Valley Campaign. The unit was cited with numerous citations and decorations.

This unit meets yearly in the hometown of one of the members. Each reunion is

planned two years in advance.

In 1995, the group will meet in Elk Grove Village, Ill., sponsored by Bob Wurth's widow, Sonya, and assisted by Bill and Dorothy Vezensky and widow Esther Sperry.

The 1996 reunion has been awarded to Ted and Marilyn Rhodes in Julian, Pa. Sightseeing was enjoyed by

some members who journeyed for a tour through Anheuser-Busch Brewery in St. Louis and a ride on the Casino Queen in East St. Louis. The balance of their spare time was spent in reminiscing.

On Saturday night, the annual business meeting was held in Art Veliuf's Comedy Etc. room. During the meeting, Russell McKelvey, assisted by Howard Weaver, conducted the yearly candlelight memorial service for fallen comrades lost in combat as well as civilian life.

After the business meeting, the annual banquet, served in the "dormed pool area", was enjoyed by 48 members, honorary members, wives, families and friends. Group pictures were also taken.

Later, the group viewed the VCR tapes of the 1993 and 1994 meetings.

Then the members who would be departing early Sunday morning started bidding their farewells until next year's meeting.

One surprise was the attendance for the first time after 40 years of Bill Dixon of Oklahoma and Bob Waters of Wisconsin, along with their wives.



Women attending the Army reunion at the Quality Inn in Collinsville were, from left, front row, Sonya Wurth of Mount Prospect, Ill.; Wanda Johnson of Newton, Kan.; Esther Sperry of Palatine, Ill.; and Kathryn Pennell of Deep Gap, N.C.; chair, back row, Maxine Weaver of Scottsdale, Ariz.; Marilyn Rhodes of Julian, Pa.; Jane Waters of Neenah, Wis.; Ariel McKelvey of Salem, Ore.; Joan Dixon of Lawton, Ariz.; Marjorie Thornton of Republic, Mo.; and Dorothy Vezensky of Chicago.

In the military

Zacharie Lawson
Zacharie J. Lawson of House Springs, Mo., has joined the U.S. Army.

Private Lawson has received the Army's written guarantee that he will receive training in the job specialty of his choice, cannon crewman.

Lawson, who will graduate from Fox High School in May, will take basic and advanced individual training at Fort Sill, Okla., reporting for duty July 26.

He is the son of Leonard Lawson of House Springs and Dianne Meyer of Granite City.

Jay Hanks
Air Force Reserve Senior Airman Jay A. Hanks has graduated from the structural specialist course at Sheppard Air Force Base in Wichita Falls, Texas.

Students were taught construction and maintenance of wood and masonry structures and the use of structural tools and equipment.

Also included in the training were interpretation of construction drawings, compilation of bills and material, bricklaying and concrete, mortar, stucco and plaster mixes and uses.

Hanks is the son of James A. and Barbara A. Hanks of Granite City.

He is a 1990 graduate of Granite City High School.

Jeremy Hartman
Marine Private Jeremy J. Hartman, son of Joseph J. and Patricia A. Hartman of Granite City, recently graduated from Recruiters' School.

During the course, which is taught at Marine Corps Recruit Schools, Marine Corps Base, Camp Lejeune, N.C., students learn the proper attitudes and techniques used to recruit prospective Marines. The course includes training in communication programs, administrative requirements and procedures for enlistments, as well as public speaking, advertising, public relations and personal interviewing techniques.

He joined the Marine Corps in June 1994.

Kyle Taylor
Air Force Captain Kyle F. Taylor, a 1984 graduate of Granite City High School, is currently halfway through a six-month deployment to the Mediterranean and Adriatic seas and has been serving off the coast of Bosnia-Herzegovina with the 22nd Marine Expeditionary Unit (22nd MEU).

Taylor is one of 2,000 Marines and 1,600 sailors who are deployed with the USS Nassau Amphibious Ready Group, which includes USS Nassau, USS Gunston Hall and USS Ponce.

After departing home base in North Carolina in late October, Taylor traveled to the Adriatic Sea, where the 22nd MEU was ordered off the coast of Bosnia in support of NATO forces in the area.

The Marines are not only capable of conducting special

operations, but also are trained in a wide range of missions including rescuing downed pilots and performing search and rescue. While in the Adriatic Sea, the 22nd MEU traveled south with USS Gunston Hall and USS Ponce 1,000 miles to North Africa for combined amphibious landing exercise off Morocco. After conducting training exercises, the U.S. Marines and sailors had an opportunity to visit Tangier, Morocco.

So far during deployment, the 22nd MEU has visited France, Portugal, Spain, Morocco and Albania. Equipped with helicopters, high-speed, air-cushioned assault hovercraft, amphibious assault vehicles and conventional landing craft, the 22nd MEU and USS Nassau ARG are a formidable force, capable of moving nearly 500 miles a day.

Taylor's involvement in the deployment is an example of how the Navy and Marine Corps team is designed to operate overseas and respond quickly when needed. Whether delivering humanitarian assistance, cargo or troops from the sea, these naval forces provide a unique crisis-response option, which can be withdrawn quickly when no longer needed.

Taylor joined the Air Force in June 1988. He is a 1988 graduate of Southern Illinois University at Edwardsville with a bachelor of science degree.

Joseph Judd
Joseph T. Judd Jr. of Granite City has joined the U.S. Army and will receive training in the job specialty of his choice, cannon crewman.

Private Judd, a 1994 graduate of Granite City High School, will take basic training and advanced individual training at Fort Sill, Okla., reporting for duty April 4.

He is the son of Joseph Judd Sr. and Shirley Judd of Granite City.

Tony Edwards
Navy Seaman Recruit Tony D. Edwards, son of George A. Dorate, Madison, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.

During the eight-week program, Edwards completed a variety of training which included classroom study, practical hands-on instruction and an emphasis on physical fitness. In particular, Edwards learned naval customs, first aid, fire fighting, water safety and survival and a variety of safety skills required for working around ships and aircraft.

Edwards and other recruits also received instruction on the Navy's core values — honor, courage and commitment, and what the words mean in guiding personal and professional conduct. Edwards joins 55,000 men

and women who will enter the Navy this year from all over the country.

He is a 1988 graduate of Bartlett High School in Anchorage, Alaska.

Jay Hanks
Air Force Reserve Senior Airman Jay A. Hanks has graduated from the structural specialist course at Sheppard Air Force Base in Wichita Falls, Texas.

Students were taught construction and maintenance of wood and masonry structures and the use of structural tools and equipment. Also included in the training were interpretation of construction drawings, compilation of bills of materials, bricklaying and concrete, mortar, stucco and plaster mixes and uses.

Hanks is the son of James A. and Barbara A. Hanks of Granite City. He is a 1990 graduate of Granite City High School.

Tyrone Branch
Marine Sergeant Tyrone E. Branch, son of Fred E. and Ruth Bailey of Madison, recently reported for duty at Marine Corps Recruiting Station, Chicago.

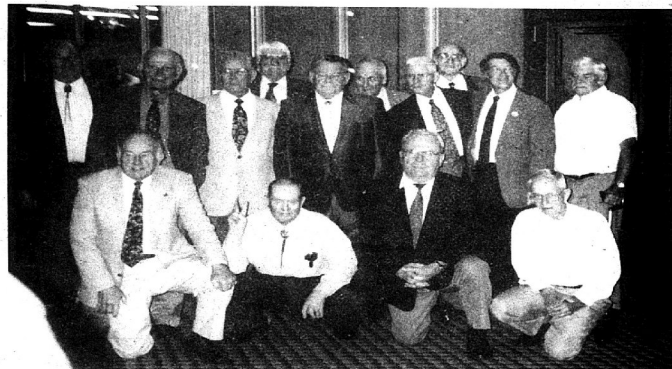
The 1981 graduate of Madison Senior High School joined the Marine Corps in March 1985.

Donald Birks
Navy Seaman Recruit Donald J. Birks, son of Don R. Birks of Granite City, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.

During the eight-week program, Birks completed a variety of training which included classroom study, practical hands-on instruction and an emphasis on physical fitness. In particular, Birks learned naval customs, first aid, fire fighting, water safety and survival and a variety of safety skills required for working around ships and aircraft.

Birks and other recruits also received instruction on the Navy's core values — honor, courage and commitment, and what the words mean in guiding personal and professional conduct. Birks joins 55,000 men and women who will enter the Navy this year from all over the country.

Men and women train together from their first day in the Navy, as they do aboard ships and at shore bases around the world. To reinforce the team concept, Birks and other recruits also were trained in preventing sexual harassment and ensure equal opportunity.



Men attending the Army reunion at the Quality Inn in Collinsville were, from left, front row, Bob Waters of Neenah, Wis.; Roy Story of Arlington, Va.; Damian Caffrey of Pontoon Beach; and Charles Jones of Greensboro, N.C.; back row, Howard Weaver of Scottsdale, Ariz.; William Dixon of Lawton, Okla.; Ray Grochowalski of St. Louis; Russell McKelvey of Salem, Ore.; Ernie Johnson of Newton, Kan.; Ted Rhodes of Julian, Pa.; Ralph Thornton of Republic, Mo.; Bill Vezensky of Chicago; James Pennell of Deep Gap, N.C.; and Russell Stevens of Danbury, N.C.

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Senior citizen group elects officers

Lucille Martin covers the Pontoon Beach scene for the Press-Record Journal. She can be contacted at 931-0731.

Linda Kay Watson celebrated her 10th birthday Feb. 24 at a party given by her mother, Roybin Campbell at Quality Inn in Collinsville. The evening was spent swimming and playing games.

Pizza and ice cream cake were served to Sonja Skabialka, Angela Martin, Christina Watson, Tom Blaky, Amanda Mouldon, Heather Sandy, Becky Green, Scott Watson, David and Kimberli Mouldon and Maxine Green.

Pontoon Senior Citizens met Feb. 21 in the senior citizen hall for the regular monthly meeting. New officers elected were Bill Dagon, president; Earl Edmonson, vice president; Ruth Dagon, treasurer; and Joy Rowland, secretary. Trustees are Irene Karlechuk, Jim Hill, Rose Edmonson, Walt Crowell, Everett Hudson, Robbie Wilson and Alice Hudson.

Entertainment was presented by The Harvest Time Singers, Mr. and Mrs. Don Buckingham and Eva Barrow.

Those attending were Otto and Corrine Kreher, Bob and Genny Alford, Ed and Gildine Van



Lucille Martin

Scovik, Emerald and Irene Daves, Helen Sutton, Challace Grigsby, Lea Anderson, Mary Hasselbrock, Dora Serini, Glen Wilson, Mary Merr, Carl and Jean Horstmeier, Stanley and Loretta Golab, Mildred Gross, Earl and Shirley White, Mabel Kennerly, Frances Harper, Bill and Millie Stonum, Diana Hill, Joan Crowell, Stan and Alice Lucas, Helen Nigert, Lois Snipes, Dorothy Watkins, Edward Werner, Irene Weber, Nora Birtley and Irene McCaslin.

The Home League Women met Feb. 21 at the Salvation Army Hall and enjoyed a Valentine's Day party with the tables decorated with the love theme. A luncheon was given by Ernestine Hahn, taken from the 13th chapter of Corinthians. Each lady brought snacks from home. Doris Stark asked the

blessing. After lunch, frozen meat patties were packed for the welfare orders. Some ladies sorted rummage sale items getting ready for the sale. The rest of the time was spent playing bingo.

Those attending were Elizabeth Griffin, Darlene Robinson, Jane Fimmon, Jean McDaniel, Vicki Harper, Cleo Slusher, Evelyn Miles, Margaret Hargis, Velma Rice, Berdie Meyenburg, Mary Rayhel, Marie Verbruyck, Gladys Freeman, Helen Broadwater, Dorothy Castleman, Henrietta Sanders, Denise Tinsley, Holly Greenspan, Doris Nelson, Margie Szerrinski, Zelma Scroggins, Edie McKool, Norma McAmish, Nina Hull, Jackie Overton, Maxine Ruttler, Rose Smith, Margaret Oliver and Jeanette Weisenberger.

Invitations are extended to all women to attend the meetings. Transportation is available by calling 451-7867.

Ruth King of Division Street had returned home from Lake Port, Fla., after spending two weeks visiting her son-in-law and daughter, Chuck and Donna Simmons.

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P185/80R13 38	P175/80R13 45	155SR13 40	P195/70R14 71	P215/70SR14 71	195/65HR14 66	30x9.50R15/6 77	30x9.50R15/6 105
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P225/75R15 47	P225/75R15 56	205/70SR14 55	P205/65R15 72	P245/60SR15 89	205/60HR15 68	SNOW TIRES	LT255/85R16/8 138
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Today's Food

Wednesday, March 8, 1995

Food & Nutrition

Wise Ways

A traditional spring Lenten emphasis moves the hungry hamburger queue down the street for seafood. Carol Schlitt lines up for healthier fast-food treasures from the sea.

INSIDE

Living Lean for Adults

Combine fruits from the can for new flavor mates.

INSIDE

Blue Ribbon Cook

Citrus fruit juices pack the punch of bright sunshine.

INSIDE

Private Label Test Run

Tasters tried Schnucks pecan shortbread cookies to compare them with national brands.

INSIDE

Micro Raves

Corn is popping its way to the top of a list of America's favorite snacks.

INSIDE

Lively Taste

Add zing to baked beans with 'cowboy' seasonings. Combine 2 tablespoons fresh lemon juice, 2 tablespoons dry mustard, 2 tablespoons chili powder, 1 tablespoon sugar, 1 tablespoon paprika, 1 teaspoon onion powder, 1 teaspoon garlic powder and 1/4 teaspoon cayenne pepper. Use with 5 to 6 cups rehydrated or cooked red beans and enough tomato sauce, if desired, to keep beans moist during baking.

Health & Fitness

Medicine Chest

Patients in the U.S. should weigh using homeopathic — 'natural' — medicine with the understanding their health and safety claims have not been approved by the U.S. Food and Drug Administration.

INSIDE

Fresh Picks

It's no wonder lemons are always available juicy and fresh. A tree usually yields 500 to 600 pounds of fruit each year. As a room freshener, set a bowl of lemons in the kitchen, dining room or bath. Add freshly grated peel to plain low-fat yogurt to make a dip, dressing or topping for seafood. Fresh fruit or raw vegetables. Odors — like onion, fish or household bleach — can be removed from hands by rubbing with a lemon wedge. A medium lemon, which yields about 3 tablespoons juice, can be juiced most easily at room temperature. Microwave on high power 20 to 40 seconds until just warm to the touch or roll it on a counter with the palm of the hand to soften the fruit for juicing.

Big Fat Tip

When eating at a fast-food restaurant, an alternative to overeating high-fat foods is to eat a smaller amount — such as a hamburger or non-sauced sandwich without fries — and later add a low-fat snack like fresh fruit, pretzels or a bagel.

Future Shop

Cooks seem to be baking less and enjoying it more. In 1988, forty-three percent of 35- to 39-year-old women were hobby bakers, but only 39 percent of the same women baked for fun in 1993. (Source: Quaker Foresight)



Preparing cookie dough in a central baking facility economizes time and energy for school lunchroom workers. Chef Walter Kobylecky of the St. Louis Chefs de Cuisine recommended the Mehlville School District use a manual machine to prepare the dough by the dozen. Baked cookies can be delivered to schools, but he urges individual schools to bake frozen dough and let the aroma wait through the halls to entice children to come to the cafeteria for a hot, nutritious lunch. Here, Kobylecky and Betty Palmer check on cookies formed by the new machine.

ABCs of school lunch

By Janice Denham
Staff writer

The lunchroom alphabet sometimes starts with A for Apple that someone — B — Brings from home. Now some districts have a new capital C — Chefs who give the lunchroom staff tips on how to entice those skittish little appetites to eat a warm lunch.

Kids' Cuisine

Here is the dilemma, according to Jordan Mavromatis, coordinator of a food service staff of 180 for the large Rockwood School District.

"There is 20 minutes when the bell rings. It takes three to four minutes to queue up. That leaves 12 minutes or less to consume lunch. The big guys 'hoof' it down, but the little ones want recess, so what can they eat in six minutes?"

St. Louis Chefs de Cuisine is helping the Greater St. Louis School Food Service Directors Association and school staffs find answers to the question.

Walter Kobylecky, public relations director of the chefs' group, oversees the project and personally has helped the people who keep readin', writin' and 'rith-metic flowin' on nutritiously-filled tummies.

"There are a lot of people who feel school lunch is getting a bad rap. We decided this would be a good community project for our established and younger

chefs to know what is going on with the schools," he says.

Kobylecky works with interested food school directors to see where they think they need help. He tries to fill their needs with chefs who volunteer their time.

There have been quick results, some more obvious

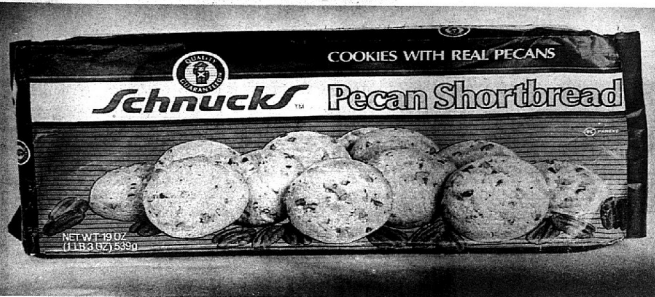
SEE SCHOOL CHEFS, INSIDE TODAY'S FOOD PAGE 2



Wentzville school cafeterias are using chefs' tips to make their delicious foods more attractive to students. First- and second-graders at West Elementary School fill their plates as cafeteria manager Debbie Koehler checks supplies on the line.

Today's Food

Private Label Test Run



Nutty-rich flavor is what tasters found in Schnucks pecan shortbread cookies.

Shortbread cookies long on rich flavor

Journal tasters were saying "Cookies, cookies on the shelf, is this one I should pick for myself?" when they tested Schnucks pecan shortbread cookies. The premium cookies were packaged with an inner wrapper around a plastic form to keep individual cookies intact. The package had been moved to several bags before it came to the tasting, so the outside looked worn around the edges, but every cookie was in perfect form.

Each taster came back for seconds. The word "rich" came up often when taste was discussed. "Every cookie has lots of individual pieces of real pecans. And you can really taste the pecans in it," one taster said.

Another noted their appearance. "They all look alike with a little bit of toasted darkness on the top," another said.

The 19-ounce package of Schnucks pecan shortbread cookies was moved to several bags before it came to the tasting, so the outside looked worn around the edges, but every cookie was in perfect form.

priced at \$2.99. "I think these are as good as any," a tester said. She added that after in the course of tasting several types of snacks as part of the "Private Label Test Run," the private label brands consistently performed as well as more expensive national brands.

The test did not end until the remaining cookies were put away.

The package has a paper-covered wire on the end to keep the package closed and airtight.

Living Lean for Adults

By BECKY BLAIR

Check cupboard to find enticing flavors of fruit

A recent spurt of warm weather turned my thoughts to fresh fruits. However, all year long, it is easy to tantalize my taste buds with combinations of fruit from a can, as well as the fresh produce counter.

Pineapple chunks mixed with mandarin oranges and sliced kiwi, pear halves topped with cranberry-orange relish, bananas sprinkled with fresh or frozen strawberries and blueberries, and peach halves filled with frozen raspberries or Bing cherries all carry a personal stamp of approval from my taste buds.

The American Heart Association and other health organizations regularly tell people to eat more fruits and vegetables. Supermarkets post reminders on signs, bags and cards all over the produce section.

According to the Food Guide Pyramid, just two to four servings of fruit daily provide enough nutrients for good health. A serving of fruit consists of a medium piece of fresh fruit, a wedge of melon, ¾ cup juice, ½ cup canned or ¼ cup dried fruit.

Fruits usually are eaten chilled or at room temperature. For a touch of warmth on a chilly day, serve them heated, such as in Warm Curried Fruit Compote. Curry adds to its colorful tang

and zest. Curry is a mixture of spices, usually ginger, coriander, cardamom, cumin, turmeric and peppercorns. Poppy seed, chiles, cinnamon, cloves and mustard seeds also can contribute. Available in powder or paste form, curry ranges in strength from the hot ones of Madras to milder Indonesian varieties. Start with a little to see what individual taste buds desire.

A fruit compote can accompany a meal, serve as a snack or satisfy a sweet tooth as dessert. This one is rich in vitamin C, vitamin A (beta-carotene) and carbohydrates. Fruits, even canned, are low in sodium.

Adapted from the "American Heart Association Cookbook," fifth edition, it conveniently makes a large quantity that can be kept up to a week in the refrigerator. Between meals a bowlful can be eaten chilled for a quick pick-me-up.

Registered dietitian Becky Blair is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

WARM CURRIED FRUIT COMPOTE

1 can (20 oz.) chunk

pineapple in juice
1 can (16 oz.) halved apricots in juice
1 can (20 oz.) sliced peaches in juice
1 can (20 oz.) halved pears in juice
1 can (16 oz.) Bing cherries in syrup (in juice, if available)
1 extra (15 oz.) mandarin oranges in juice
½ cup firmly packed light brown sugar
2 tsp. curry powder

Preheat oven to 300°. Lightly spray 13-by-9-inch baking dish with nonstick cooking spray.

Drain pineapple and apricots, reserving juice. Drain and discard juice from peaches, pears, cherries and oranges.

In prepared pan, mix together all fruits well. In small bowl, combine reserved juice, brown sugar and curry powder. Distribute over fruit. Bake, covered, in preheated oven 1 hour or until bubbly.

Microwave directions: Fruits can be microwaved in serving-size portions as desired until mixture is thoroughly heated.

Yields twenty-two (½-cup) servings; 127 calories, 33 g carbohydrate.

Micro Raves

Popcorn true national pastime?

The entrance to a mall movie theater's conference center is more enticing when it holds the aroma of popcorn.

Popcorn is one of America's favorite snacks. We eat more than 500 million pounds of it each year. Midwesterners win the prize for eating more popcorn than people in any other region.

Its popularity is easy to track. It is low in cost, easy to prepare, delicious to eat, generally low in fat and calories and contains fiber.

Attacking popcorn is like cutting down motherhood and apple pie.

When movie popcorn received bad press over its high saturated fat content — a no-no for people facing heart disease — reactions were swift. Theaters that use healthier oils promoted their popcorn intensely. Others changed to "better" fats.

While many people enjoy movie popcorn, actually 63 percent of popcorn consumed is popped and eaten at home.

Many methods have been used to pop it. In spite of many manufactured poppers over the years, the old-fashioned "shaking the pot over the flame" method was most popular.

When the microwave oven gained a foothold in American kitchens, everyone seemed to want to use it to pop corn. Unfortunately, at first it was not safe. Popping it in a brown paper bag often produced kernels so hot the bag ignited. Seeing a ready market, food manufacturers jumped in with microwave-safe, pre-bagged popcorn, which became an instant hit.

A new type of domed microwave popper by Presto came on the market last year. Dishwasher-safe, it works very well with or without oil. A concentrator in the base next to the kernels becomes hot and causes moisture in the kernels to heat and pop. It pops nearly all the popcorn kernels.

Betty Serati specializes in microwave cooking.

By BETTY SERATI

CRUNCHY POPPED OS

¾ cup light corn syrup
½ cup packed brown sugar
¼ cup (½ stick) butter or margarine
4 cups popped corn
4 cups toasted oat cereal
1 cup mixed nuts

In 1-quart glass bowl, combine corn syrup, brown sugar and butter. Microwave on high power 3 to 4 minutes until sugar dissolves and mixture is bubbly.

In large bowl, combine popped corn, cereal and nuts.

Pour into 2 buttered 2-quart glass dishes. Microwave each on high power 3 to 4 minutes, stirring occasionally. Let cool, stirring to break apart.

Blue Ribbon Cook

Citrus drink: sunshine refresher

Jeannine Waldron, Waterloo, Ill., is winner of this week's recipe contest for Spiced Pineapple Cooler. For it she wins a prize of dinner certificates at the Pasta House Co.

She found the recipe 30 years ago in a magazine with frosty summer drinks. However, she primarily serves it during the winter, particularly during the holidays. She suggests using this non-alcoholic drink with any type of food, from appetizers to buffets, to quench thirst.

Recipes in the Spring Recipe Contest will be accepted through March 31 for consideration as winner each of the four weeks in April.

Send one recipe per household to: Spring Fruits and Vegetables Recipe Contest, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. Any type of dish that uses traditional spring ingredients — such as

strawberries, rhubarb, asparagus or green beans or onions — will be considered.

Type or print the recipe legibly on one side of the paper. Include name, address and telephone number on the entry. Name the Journal you receive. Be sure to double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special.

If there is a history to the recipe, it will be considered part of the entry. It will be part of the basis for selecting winners, along with taste and eye appeal. Originality will be considered. And the recipe need not be original. If possible, name the source of the recipe.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules.

SPICED PINEAPPLE COOLER

¾ cup sugar
1½ cups water
Stick cinnamon, 12 inches total
12 whole cloves
1 can (46 oz.) unsweetened pineapple juice
1½ cups orange juice
½ cup lemon juice
1 tray (1 qt.) ice cubes
1 bottle (about 28 oz.) ginger ale, chilled
Extra cinnamon sticks, if desired

Combine sugar, water, cinnamon and cloves. Simmer, covered, 15 minutes. Strain.

Add pineapple, orange and lemon juices to sugar mixture. Chill.

Just before serving, add ice cubes. Carefully pour ginger ale down side of bowl. Serve with cinnamon stick stirrers.

School Chefs

Continued from page 1C.

than others. A centralized baking area in the Melville schools now can manually churn out 2,500 dozen rounds of cookie dough in a minute for baking or freezing. Some students made gingerbread with chefs in their classrooms at holiday time.

Elementary students in Hazelwood schools have watched chefs carve birds from apples, while the staff is learning to eat meals.

Cooks in Rockwood schools learned to clean grills more quickly so they want to use them more often. Wentville meals look more attractive.

"We are trying to make these people work smarter, not harder," Kobylecky says.

Even though few students can leave schools for lunch, he sees fast food as their strongest competitor. He urges school food workers to fine-tune copies of favorite foods children eat at those restaurants. In fact, many schools now have a brand-

name pizza or hamburger day regularly — a hot seller in the cafeteria.

Imitation is a sincere form of flattery, so he recommends schools advertise kids' favorites — meatball sandwiches, chicken fingers and fresh-baked cookies. Bread sticks a la Italian restaurants replace dinner rolls, while ice cream is piped instead of scooped into cones. He urges schools with insignias to use them to hype lunchroom food.

Rick Mariam is director of food service in Pattonville Schools.

"We have one day a month when we have a chef for a day. That doesn't mean it has to be a chef, just a guest server from the principal to anybody special. In December, they sent a number of chefs to our elementary schools to be servers," he said. Some sculpted fruit while they were there.

Mariam will use the chefs' services again at eight ele-

mentary schools March 14.

"We and the chefs are from two dramatically different areas of food service. There is only a limited amount of time for us to spend on the creation of the meal itself," he adds.

Still, he sees ways for chefs to help his staff. He asked for it in design — anything that attracts attention. On a staff development day in February, chefs Jim Day, Sven Eric Ingdof and Kobylecky videotaped a workshop on catering methods for use in Pattonville and other schools.

Mariam's motivation is to provide food to organizations using Pattonville schools, as well as those outside the school. He sees this as possible insurance if funding is reduced under federal plans to dismantle the school lunch and breakfast programs and put it in state or private hands.

Melville students made holiday gingerbread and can-

dy in their classrooms with chefs Rob Hurtle and Mariamela McInturf.

Cynthia Reese, director of Melville R-9's food service, asked chefs to evaluate her prep centers, as her district moves to preparing lunchroom food at two main centers. It has helped her introduce better management procedures.

Children passing through the lunch line should see food at its delicious best, says Jane Shaw, director of food service for Wentville School District's six cafeterias.

"The steam table lines are the worst of food marketing," she says. "You can serve lasagna in a pan so you can see it or not. Our young customers may not be able to see it — and they eat with their eyes first."

She agrees with Kobylecky and other directors that children's involvement in selecting lunchroom food will eat it.

He urges school food service to get help from the

home economics department, football team, staff and parents for helpful suggestions in the cafeteria.

"The message of what makes good food must start with the youngest children," he says. "Then they can take it with them as they get older. If you get vocal kids to give peer pressure to eat the food, they help plan a new menu, then others will eat it."

Many schools let students set menus by choosing favorite meals or serving on nutritional advisory boards.

Parents sometimes do not recognize peer pressure. Kobylecky notes, "Last fall one school invited parents to taste-test two regular meals at open house. More than one parent was astounded at the difference between the delicious food served and their children's reports."

Some chefs' suggestions sound like repeats of what people can do at home — vary shapes, sizes and fla-

vors of favorite foods; double- and triple-batch for quick meals later; pick nutritious recipes and stick with the favorites.

Kobylecky says that is why eating at school should be enjoyable as a home-cooked meal — complete with the aroma of freshly-baked cinnamon rolls and cookies coming from the kitchen.

Correction

The topping instructions for the Blue Ribbon Cook column in the March 1 food section was inadvertently cut out in some Journal newspapers.

The topping includes ¾ cup brown sugar, 3 tablespoons butter and 3 tablespoons milk to boil. Boil 30 seconds. Note: Ingredients can be doubled and cake baked in 13-by-9-inch baking pan.

Medic

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Today's Food

Medicine Chest

By REBECCA COLEY

Do homework before opting for 'naturals'

Homeopathy and homeopathic — "natural" — products have enjoyed great success in recent years as consumers search for alternative, less expensive treatments for common illnesses. One estimate puts the amount of money spent on homeopathic products at \$1 billion a year.

U.S. health care professionals usually understand traditional treatments better than homeopathic treatments, so they feel more comfortable recommending them. This is not the case in many European countries where homeopathy is regulated and a much more accepted practice.

Homeopathy began several centuries ago in reaction to the dangerous bleeding techniques and other violent procedures of conventional medicine of that day.

The concentration of an "active" ingredient in homeopathic remedies is diluted considerably from standard medicines.

This dilution supposedly keeps the product from being toxic, but still offers suffi-

cient levels to help a body fight off the condition.

In prescribed homeopathic medicine, this dilution in increments of 10 is represented by a numeral followed by an X. For instance, "2X" means it has one part per hundred, while "6X" means the active ingredient is one part per million. By 1997, the U.S. Food and Drug Administration expects this labeling to be used on non-prescription homeopathic medicines as well.

Published reports support the safety and effectiveness of many homeopathic treatments. Some products effectively treat disorders, such as migraines, allergic conditions and arthritis.

However, the FDA does not have power to review these products' safety and effectiveness information before they are marketed. Due to lack of regulation in these areas, quackery surfaces in the industry.

The FDA hopes to force manufacturers who make dietary and health claims to submit data on safety and

effectiveness. This is designed to protect consumers from buying ineffective even dangerous — products or taking them in dangerous quantities.

The dilemma for consumers is deciding the value of homeopathic remedies. To help make a decision, it is important to read about a particular product and couple that with information from a doctor and pharmacist. A good reference is the 8th edition of the "Homeopathic Pharmacopoeia of the United States."

Using a homeopathic remedy at the exclusion of traditional care can delay effective treatment of a condition which worsens from lack of care. Thus, a consumer should still seek treatment from a physician for illness and view with skepticism promises of "miracle" cures.

Registered pharmacist Rebecca Coley is assistant professor of pharmacy administration at the St. Louis College of Pharmacy.

beef, chicken, pork or seafood. They need not be the best pieces, as boney pieces of meat and seafood shells flavor the liquid deliciously as well. Simmer with assortment of garlic, onion, celery, a bay leaf and any other flavors desired. Strain liquid and refrigerate.

Before using, skim off fat and enjoy using the liquid in soup or as liquid to cook rice or any other food requiring broth or flavorful liquid.

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Today's Food

Oatmeal bars worth gold as \$85-each recipe winner

The baker who won the 5th annual Quaker Oatmeal "Bake It Better With Oats" Recipe Contest finds cooking a creative outlet for her energy.

Anne Altaner of Ft. Lauderdale, Fla., a new mother and children's librarian, describes baking as her way to relax. Bar cookies rank high among her favorite baking recipes, because they are easy to make and friends appreciate receiving them.

A favorite childhood drop cookie inspired her Oatmeal Dream Dates, a layered bar with a rich oatmeal-coconut cookie crust and topping. Contest judges loved its updated classic flavors so much they awarded it the \$2,000 first prize in the cookie category, the most popular contest category for the past three years. More than half the entries in the contest were cookie recipes.

Recipes were judged on the

basis of taste, convenience, appearance and creativity by a panel of national newspaper and magazine food editors and writers.

OATMEAL DREAM DATES

1 pkg. (8 oz.) pitted dates, coarsely chopped
1 1/2 cups orange juice
2 1/2 cups flour
1 1/2 cups firmly packed brown sugar
1/2 tsp. salt, if desired
1 1/2 cups (3 sticks) margarine or butter, chilled
2 cups uncooked oats
1 1/2 cups flaked coconut
1 cup chopped nuts
Preheat oven to 350°.
In medium saucepan, combine dates and orange juice. Bring to boil. Reduce heat. Simmer, stirring occasional-

ly 15 to 20 minutes until thickened. Remove from heat. Cool slightly.

In large bowl, combine flour, brown sugar and salt. Cut in margarine until mixture is crumbly. Stir in oats, 1 cup coconut and nuts. Mix well. Reserve 4 cups oat mixture for topping.
Press remaining oat mixture on bottom of ungreased 13-by-9-inch baking pan. Spread date mixture evenly over crust to within 1/4-inch of edges. Sprinkle with reserved oat mixture. Sprinkle with remaining 1/2 cup coconut, patting gently.
Bake in preheated oven 35 to 40 minutes until light golden brown.

Cool completely. Cut in bars. Store tightly covered. Makes 24 bars; 280 calories, 13 g fat (43 percent calories from fat), no cholesterol, 140 mg sodium, 38 g carbohydrate, 3 g protein and 2 g dietary fiber each.

Wise Ways

Fast food fish swim onto lower-fat menus

By CAROL SCHLITT

During the spring season of Lent, lines at seafood restaurants are longer.

People interested in cutting fat should approach fast food outlets with an eye toward what fits in a healthy eating pattern. In spite of seafood's great health characteristics, most menu items are fried. Let's look at Captain D's, whose slogan is "A great little seafood place."

Its menu offers a variety of broiled and baked selections, in addition to standard deep-fried entrees. Captain D's lighter-side menu features several lower-calorie selections. A baked fish dinner includes rice, green beans, coleslaw and a bread stick. The whole dinner has only 546 calories with 29 percent of them from fat. This dinner option is much lower in calories than its popular two-piece fried fish

dinner where coleslaw, french fries, hush puppies and crunchies, deep-fried butter droppings supply more than twice the calories and almost two-thirds the total fat an adult needs to eat in a day.

For those concerned about sodium, the baked fish dinner has about 1,200 milligrams, compared to the fried dinner's 2,000 milligrams.

Lower-fat options at Captain D's include its broiled shrimp or chicken dinners. Both come with rice, green beans, salad and a bread stick for less than 500 calories and only 20 percent of them from fat. Choosing its low-calorie Italian dressing for the salad only adds 15 calories, while regular dressing options add about 100 calories. Sodium content for both dinners is more than 2,000 milligrams.

It is not surprising to see sodium rise as fat is lowered. When fat is removed from food, its flavor goes with it. To compensate, food manufacturers and restaurants add extra salt, an inexpensive way to add flavor.

Captain D's also offers a broiled chicken sandwich at 450 calories. To make it even lower in calories and cut the fat by one-third, order it without mayonnaise.

Nutritional information from Captain D's is not always available at individual restaurants. Information can be obtained by calling (615) 391-5201, its corporate offices in Nashville, Tenn.

Certified home economist Carol Schlitt is nutrition and wellness educator with the University of Illinois Cooperative Extension Service at the Edwardsville Center.

Recipe

TURKEY SCALLOPINI WITH CREAMY MUSHROOM SAUCE

1/2 cup flour
1/2 tsp. leaf thyme, crushed
1/4 tsp. leaf tarragon, crushed
1 tsp. salt
Pinch pepper
1 1/2 lb. turkey breast, cut in thick slices
3 tbsp. reduced-fat margarine
1 lb. mushrooms, sliced
1 cup evaporated skim milk
Cooked rice or pasta

In large shallow bowl, combine flour, thyme, tarragon,

salt and pepper. Dip turkey in flour mixture, coating both sides. Reserve excess coating.

In large nonstick skillet over medium-high heat, melt 1 tablespoon margarine. Cook turkey 5 to 6 minutes until golden brown and cooked through, cooking in batches if necessary. Remove from pan. Keep warm.

Melt remaining 2 tablespoons margarine in pan. Cook mushrooms 5 to 6 minutes until tender and most of liquid has evaporated.

Mix remaining flour mixture with small amount of milk until smooth. Add to mushroom mixture. Add remaining milk. Over medium heat, cook, stirring constantly, until thickened.

Serve sauce over turkey with rice or pasta.

Makes 4 servings; 280 calories and 7 g fat each.



THE LIGHT TOUCH

By Mark Lymbertopoulos

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Rice with

Rice and pasta are standard fare in today. In the other dishes can make a meal. Letting it all along with most procedure for So. Regular long takes about 20 minutes once it comes to a boil with a can of so water. In Chicken-Noodle, noodles can ahead of time ingredients are Actual heating 10 minutes.

CHICKEN-N-PARMESAN

Recipe

HALIBUT ITALIANO

1/2 lb. halibut fillet (1/2 inch thick)
Grated parmesan
1/2 lemon
2 small yellow squash, unpeeled
shredded (1 cup)
1 medium tomato, sliced
2 tbsp. minced small clove garlic
1 tsp. olive oil

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Today's Food

Rice and noodles mingle with super-duper soups

Rice and pasta are standard fare in most homes today. In the time it cooks, other dishes can be ready to make a meal.

Letting it absorb flavor along with moisture is the procedure for Souper Rice. Regular long grain rice takes about 20 minutes to heat once it comes to a boil with a can of soup and extra water.

In Chicken-Noodle Parmesan, noodles can be cooked ahead of time or while other ingredients are prepared. Actual heating time is about 10 minutes.

CHICKEN-NOODLE PARMESAN

- 1 can (10 3/4 oz.) cream of chicken and broccoli soup
- 1/2 cup milk
- 1/2 cup grated parmesan cheese
- Pinch pepper
- 3 cups uncooked medium egg noodles
- 2 cups cubed cooked chicken or turkey
- Chopped fresh parsley

Cook noodles according to package directions. Drain.

In 3-quart saucepan, combine soup, milk, cheese and pepper. Add noodles and chicken. Over low heat, heat through, stirring occasionally.

Garnish with parsley. Makes 4 1/2 cups or 4 servings.

SOUPER RICE

- 1 can (10 3/4 oz.) vegetable soup
- 1 1/2 cups cans water
- 1 cup uncooked long grain rice

In 2-quart saucepan, combine soup, water and rice. Over medium heat, heat to boiling.

Reduce heat to low. Cook, covered, 20 minutes or until rice is tender and liquid is absorbed, stirring occasionally.

Makes about 3 1/2 cups or 4 servings.



Soup adds creaminess and flavor to rice in the same time it takes to cook it.

Recipe

HALIBUT BAKE ITALIANO FOR TWO

- 1/4 lb. halibut fillet or steak (1/2 inch thick)
- Grated peel and juice of 1/2 lemon
- 2 small yellow summer squash, unpeeled, shredded (1 cup)
- 1 medium tomato, diced
- 2 tsp. minced onion
- 1 small clove garlic, minced
- 1/4 tsp. basil or oregano leaves, crushed
- Pinch pepper
- 1 tsp. olive oil

- 1 tbsp. chopped parsley

Preheat oven to 350°. Spray shallow 1 1/2-quart casserole or baking dish with nonstick cooking spray.

Arrange halibut in prepared dish. Sprinkle with lemon peel and juice.

Combine squash, tomato, onion, garlic, basil and pepper. Spoon over fish. Drizzle with olive oil.

Bake, covered, in preheated oven 25 to 30 minutes until fish flakes easily with fork. Sprinkle with parsley and garnish with sliced lemon, if desired.

Makes 2 servings; 164 calories, 24 g protein, 4 g fat, 9 g carbohydrate, 60 mg cholesterol, 240 mg sodium.

LITE FETTUCINE ALFREDO

In medium saucepan over high heat, whisk together 1 1/2 cups milk; 2 small cloves garlic, minced; 2 teaspoons flour and 2 tablespoons nonfat cream cheese.

Bring to boil, whisking constantly. Reduce heat.

Simmer 2 minutes or until thickened.

Add 1 cup grated parmesan cheese. Whisk until blended. Remove from heat.

Stir in 5 teaspoons butter-flavor sprinkles.

Pour sauce over 4 cups hot cooked fettuccine. Garnish with fresh parsley and black pepper.

Makes four (1-cup) servings; 310 calories, 17 g protein, 5 g fat, 48 g carbohydrate, 65 mg sodium and 15 mg cholesterol each.

TUNA MAC SALAD

Make a hearty, flavorful macaroni salad by mixing drained canned tuna, chopped

celery, chopped ripe olives, nonfat sour cream or yogurt and low-fat mayonnaise. Season to taste.



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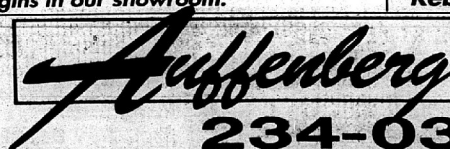


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Today's Food

Recipe

ZESTY MEXICAN LASAGNA

- 8 corn tortillas, cut in half
- 1 lb. lean ground beef
- 1 large onion, chopped
- 1 clove garlic, minced
- 2 jalapeno peppers, chopped
- 2 cans (1 lb. each) tomatoes, chopped
- 1/4 tsp. paprika
- 1/4 tsp. garlic powder
- 1/4 tsp. salt
- 1/4 tsp. pepper
- 2 tbsp. dry taco seasoning mix
- 1 can (1 1/2 oz.) chopped ripe olives
- 1/2 oz. ricotta cheese
- 1 egg, beaten
- 1/2 oz. Monterey Jack cheese, thinly sliced
- 1/2 cup (2 oz.) shredded cheddar cheese

In large skillet, brown beef, onion, garlic and half the jalapeno until meat is crumbly. Add tomatoes, paprika, garlic powder, salt, pepper and olives. Stir well. Reduce heat. Simmer 10 minutes.

Warm tortillas until soft. Combine ricotta cheese and egg. Spread one-third meat mixture in bottom 13-by-9 inch baking dish. Cover meat sauce with half the Jack cheese and half the ricotta mixture.

Top with layer of tortillas, placing cut edge toward outside of dish. Repeat layers one more time, ending with meat sauce.

Sprinkle with cheddar cheese. Garnish with remaining chopped jalapeno.

Bake in preheated oven 25 to 35 minutes until crisp and bubbling. Let stand 5 minutes before cutting.

Makes 6 servings.

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WOOD RIVER TOWNSHIP HOSPITAL COMMUNITY REPORT

President's report



Jerry Bolandis

Partnership with SLU is helping WRTH expand its services

I'm pleased to announce the second phase of our Hospital's partnership with St. Louis University. We have signed a prestigious team of orthopedic surgeons from St. Louis University Hospital to practice here in Wood River.

This team will be led by Dr. Robert Burdge, the chairman of orthopedic surgery at St. Louis University School of Medicine.

This announcement is part of our on-going strategy to offer the people of this area convenient access to the finest health care in the St. Louis region.

It is also a key component of our five-year plan to take the Hospital off the tax rolls. Approximately 1/13 of our annual operating expenses, or \$2 million, comes from local property taxes. Our ultimate goal is to reduce and then eliminate that tax support. Last summer, the Hospital's Board of Directors approved a plan to restructure the Hospital's long-term bonded debt and reduce our operating costs through a self-insurance fund.

That decision gave the Hospital the resources to begin making important improvements which have helped us recruit new doctors, offer new services and upgrade our facilities and equipment. These new services will attract new patients to the Hospital and help our bottom line. As the Hospital's finances continue to improve, we will be able to reduce our tax levy while fulfilling our mission of offering the highest quality health care to the people we serve.

St. Louis University Hospital will open orthopedics center at WRTH

St. Louis University Hospital will be opening a new orthopedics center at Wood River Township Hospital, announced Hospital President Jerry Bolandis.

"I am delighted to announce that we have signed an agreement to bring this outstanding team of surgeons to practice right here in our community. They will dramatically expand the range of orthopedic services available here and offer convenient access to one of St. Louis' top orthopedic departments," Bolandis said.

In addition to offering general orthopedic surgery, the center will be staffed by surgeons with expertise in sports medicine, pediatric orthopedic surgery, orthopedic tumor surgery, hand surgery and spine surgery.

Dr. Robert E. Burdge, the chairman of orthopedic surgery at St. Louis University School of Medicine, will personally lead an impressive team of surgeons at the center.

"We are excited to have a surgeon of Dr. Burdge's caliber and reputation join our staff," Bolandis said. "He is a distinguished surgeon, teacher and researcher who has performed important studies on bone remodeling. Dr.

Burdge is one of only 384 orthopedic surgeons out of more than 25,000 in the nation who have been inducted into the American Orthopedic Association in recognition of his contributions to the field of orthopedic medicine."

He continued, "In addition to Dr. Burdge's national reputation, he is well-known locally for his work in sports medicine. He is the physician in charge for the University's athletic department and is a member of the St. Louis University Athletic Hall of Fame. He also is the former team physician for the St. Louis Stars and the St. Louis Steamers."

Dr. Burdge himself is a graduate of the St. Louis University School of Medicine. He now directs the University's resident training program. His clinical work has included research into sports medicine, joint replacement, and bone infections.

"Dr. Burdge and his team will be a welcome addition to the local medical community."

The center will open in just a few weeks. Appointments for patients to see one of the orthopedic surgeons may be made by calling 254-3821.



Remodeling and expansion of SSM Rehabilitation Center

Wood River Township Hospital is in the process of a major remodeling and expansion of its rehabilitation unit. Rehabilitation unit supervisor Nona Wisken stands in front of the construction which is due to be completed later this spring. SSM Rehab Institute of St. Louis, one of the largest and most experienced rehabilitation companies in the region, operates the unit at the Hospital. The unit provides a full array of high-end rehabilitation medicine and services, including physical, occupational, recreational and speech therapy, combined with social and psychiatric services.

Calendar of Events

- Hospital Board of Directors
Wednesday March 22 7:30 p.m.
- Gambler's Anonymous Every Sunday 7 p.m.
Administrative Conference Room
- Emotions Anonymous Every Monday 8 p.m.
Manley Auditorium
- Tourette Syndrome Support Group
March 6 7 p.m. Parks Auditorium
- Touch Dogs March 20 2:30 p.m.
Manley Auditorium
- Up With Life March 27 1 p.m.
Administrative Conference Room
- STEMMS Every Tuesday 1 p.m.
South Conference Room
- Co-Hearts Every Tuesday 7 p.m.
Administrative Conference Room
- Project H.E.A.R.T. March 1, 15, 29 2 p.m.
Manley Auditorium
- Fibromyalgia Support Group March 16
1 p.m. Manley Auditorium
- Overeaters Anonymous Every Friday
7:30 p.m. Manley Auditorium
- Alcoholics Anonymous Every Saturday
7 p.m. Manley Auditorium

Did you know?

- ◆ Wood River Hospital owns Medco Ambulance Service, the 911 responder in Wood River and Roxana.
- ◆ Medco Ambulance is the only area service which has two paramedics respond to every call.
- ◆ The Hospital's emergency room is staffed by specially trained physicians from EMC, a St. Louis emergency services company.

SLU cardiology team is now taking appointments for cardiac evaluations

St. Louis University's nationally recognized cardiology team is taking appointments for cardiac evaluations at Wood River Township Hospital. Physicians will be available to meet

patients every Tuesday at the Hospital. Patients may be referred by their physician, but a referral is not required. Please call 251-7553 to make an appointment.

Board of Directors goal is to take Hospital off tax rolls in five years

In 1994, the Board of Directors of Wood River Township Hospital approved a long-term strategy that has placed the Hospital on solid financial footing and, over the course of five years, is intended to take the Hospital off the tax rolls.

"We faced some difficult decisions last year about the Hospital's future. But the decision we made to refinance the Hospital's long-term debt and raise taxes in the short term to reduce our insurance costs have placed the Hospital on better financial footing and laid the groundwork to, we believe, take the Hospital off the tax rolls in five years," said Hospital Board Chairman Brad Pulaski.

Longtime Board member Dale Brueggemann said, "Like dozens of hospitals all around the State which treat patients regardless of their ability to pay, Wood River suffered substantial losses in

the 1980s due to state underfunding of Medicaid and chronic late payment of bills. We have managed to bring our long-term debt under control and move forward."

Board member Terri Hayden said, "We now are working on plans to expand and improve the services we offer to attract new patients and continue to improve the Hospital's bottom line."

Board member George Machino said, "We have made some difficult decisions in the last year but the decisions we made were necessary to save an important community resource."

"The future looks brighter now than ever before for the Hospital," said Board member Jan Fessler. "We're making some important changes to bring to this area the kind of health care services the people of this area want and expect from a first-class health care facility."

Wood River Township taxpayers are eligible for special tax rebate

Wood River Township taxpayers are eligible for a special property tax rebate at Wood River Township Hospital.

Taxpayers receive dollar-for-dollar credit off their medical bills equal to the property taxes they pay to support the Hospital. The credit is applied after all insurance payments and may be used for deductibles, co-payments or other out-of-pocket expenses for patients. Call 254-3821 for more information.

Confused about health insurance?

The issue of health insurance can be complex. Wood River Township Hospital accepts all major health insurance plans, Medicare and Medicaid. In addition, the Hospital is a preferred provider for Blue Cross Alliance, Metropolitan, Physicians' Health Plan, Travelers, and Equicor. If you have any questions about insurance or billing, please call the Hospital's financial office at 254-3821.

Births

Kyle Bucks and Chris Bucks of Collins announced the birth of a son.

Kyle Douglas Bucks at 9:15 a.m. Jan. 5, 1995, at Wood River Township Hospital, Wood River, and pounds, 5 ounces.

The mother is the

Angely Maternal and

Arthur and Sharon Granite City. Father is John and of Granite City.

His great-grandmother and Evelyn Granite City and Caseyville.

Samantha Blo... Gary and Tina H Granite City have a birth of their second daughter.

Samantha Jene... 5, 1995, at St. Eliza Center and weighed ounces.

The mother is the

Hensley. Maternal grand Tom Hensley and both of St. Louis grandparents are the Hillmer of Granite City.

Samantha Jene... Amber Ch... Brian and Misty Granite City have a birth of their first daughter.

Amber Nicole was... p.m. Feb. 7, 1995, at St. Eliza Center and weighed 8 pounds, 2 ounces.

The mother is Misty Reagan. Maternal grand Michael and Carole Granite City. Father is Tom and vik of Granite City.

Michael F... Patrick Boyer and Kimberly Mc Pontoon Beach have the birth of a son.

Michael Patrick was born at 10:11 1995, at St. Eliza Center and weighed ounces.

The mother is the

berly Allen. Maternal grand James and Joyce leen, Texas. Father is Tony and Granite City.

Michael joins H... Kathryn K... Pete Krieschok... Ellen Krieschok of announced the birth of a son.

Michael Patrick was born at 10:11 1995, at St. Eliza Center and weighed ounces.

The mother is the

berly Allen. Maternal grand James and Joyce leen, Texas. Father is Tony and Granite City.

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Births

Kyle Bucks

Chris Bucks and Kelli Angelly-Bucks of Collinsville have announced the birth of their second child, a son.

Kyle Douglas Bucks was born at 9:15 a.m. Jan. 25, 1995, at Wood River Township Hospital, Wood River, and weighed 9 pounds, 5 ounces.

The mother is the former Kelli Angelly.

Maternal grandparents are Arthur and Sharon Angelly of Granite City. Paternal grandparents are John and Mickey Bucks of Granite City.

His great-grandparents are Lowell and Evelyn Hatfield of Granite City and Sarah Bucks of Caseyville.

Samantha Bloodworth

Gary and Tina Bloodworth of Granite City have announced the birth of their second child, a daughter.

Samantha Jane was born Feb. 5, 1995, at St. Elizabeth Medical Center and weighed 8 pounds, 7 ounces.

The mother is the former Tina Hensley.

Maternal grandparents are Tom Hensley and Judy Allen, both of St. Louis. Paternal grandparents are Kathy and Jim Hillmer of Granite City.

Samantha joins April, 4.

Amber Cholevik

Brian and Misty Cholevik of Granite City have announced the birth of their first child, a daughter.

Amber Nicole was born at 4:40 p.m. Feb. 7, 1995, at St. Elizabeth Medical Center and weighed 8 pounds, 7 ounces.

The mother is the former Misty Reagan.

Maternal grandparents are Michael and Carol Reagan of Granite City. Paternal grandparents are Tom and Helen Cholevik of Granite City.

Michael Boyer

Patrick Boyer of Granite City and Kimberly Montgomery of Pontoon Beach have announced the birth of a son.

Michael Patrick Allen Boyer was born at 10:11 p.m. Feb. 7, 1995, at St. Elizabeth Medical Center and weighed 7 pounds, 6 ounces.

The mother is the former Kimberly Allen.

Maternal grandparents are James and Joyce Allen of Kilbuck, Texas. Paternal grandparents are Tony and Barb Boyer of Granite City.

Michael joins Heather Montgomery, 6.

Kathryn Krieshok

Pete Krieshok Jr. and Mary Ellen Krieshok of Madison have announced the birth of a daughter.

Junior Service holds meeting

Granite City Junior Service's monthly meeting Jan. 16 was called to order by Melia Rosenburg, president. Discussion concerned funds raised for the club from the annual Santa breakfast, which was held on Dec. 3 at the Granite City Township Hall. Many thanks were given to all club members, King's Kids and community businesses who donated time, supplies and funds helping to make the annual fund-raiser such a success.

Also discussed was the party to be held in February. This is a meeting especially for anyone interested in becoming a Junior Service member. If interested, call Debbie McMillan at 877-5460.

Jeannie Wilbur and Becky Serlich were hostesses and served refreshments and snacks of fresh fruit and vegetables.

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Kathryn Ann was born at 5:26 p.m. Feb. 7, 1995, at St. Elizabeth Medical Center and weighed 6 pounds, 14 ounces.

The mother is the former Mary Ellen Ambrose.

Maternal grandmother is Elaine Ambrose of Gurnee, Ill. Paternal grandparents are Pete Krieshok Sr. and Ruth Krieshok of Granite City.

Kathryn joins Amy, 13.

Haley Kutosky

Bill Kutosky Jr. and Holly Kutosky of Granite City have announced the birth of their

third child, a daughter.

Haley Patrice was born at 3:30 p.m. Feb. 8, 1995, at St. Elizabeth Medical Center and weighed 7 pounds, 8 ounces.

The mother is the former Holly P. Mertz.

Maternal grandparents are Charlotte J. Mertz of Granite City and the late Roy L. Mertz. Paternal grandparents are Bill Kutosky Sr. and Hattie Kutosky of Granite City.

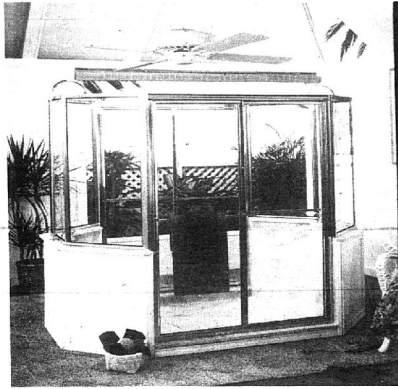
Haley joins William, 10, and Hannah, 7.

Roy Glasco Jr.

Roy Lee Glasco Sr. and Demetra R. Bates, both of Caseyville, have announced the birth of their first child, a son.

Roy Lee Glasco Jr. was born at 1 p.m. Feb. 10, 1995, at St. Elizabeth Medical Center and weighed 6 pounds, 11 ounces. He was 19½ inches long.

Maternal grandparents are Terry Bates of Granite City and Patricia and Scott Slayton of Caseyville. Paternal grandparents are Charles Edward Glasco and Linda Glasco of Caseyville.



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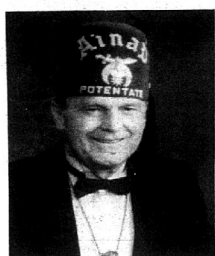
Ainad Temple installs potentate

Ronald D. Williams of Belleville was installed as the 33rd potentate of Ainad Temple at the organization's annual meeting held Jan. 12.

Other officers installed were Kurt R. Grosse, Waterloo, chief rabban; Charles Alves, Belleville, assistant rabban; Kenneth R. Snyder, Belleville, high priest and prophet; Jack P. Taylor, Granite City, Oriental guide; Hallie F. Lewis, past potentate, Mount Vernon, treasurer; David L. McCann, past potentate, Mount Vernon, recorder; I. Leon Bowen, Vandalia, first ceremonial master; L. Roy Radloff, Vandalia, second ceremonial master; Louis Holzman, Fairview Heights, director; Ronald W. Heflin, Fairfield, marshal; Donald M. Kunz, Belleville, captain of the guard; and Edward M. Stark, Troy, outer guard.

Ainad Temple, located in East St. Louis, is one of the 191 Shrine Temples in North America. The Shrine of North

America own and operate 22 hospitals for crippled and burned children where all treatment is free to all children from birth to the age of 18.



Ronald Williams
Named Ainad Temple potentate

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18th Annual Home and Garden Show Is Sign of Spring in St. Louis

The 18th Annual Builders Home and Garden Show, St. Louis' annual sign of spring, will take place March 8 through March 12 at Cervantes Convention Center. Show visitors will escape feelings of cabin fever and enjoy St. Louis' largest display of home and garden products and services, elaborate feature gardens and educational seminars.

The 1995 Builders Home and Garden Show, sponsored by the Home Builders Association of Greater St. Louis, will include over 1400 booths and 500 companies exhibiting everything imaginable for the home and garden. The show is the only place in St. Louis where consumers can compare products and services of competing companies all under one roof.

Relax at Bob Timberlake's "Country Retreat"

Bob Timberlake, internationally known artist, will debut his line of Bob Timberlake Log Homes™ at the show. One of the signature log homes will be the focal point of this elaborate 6,000 square foot feature garden designed by Prestige Landscaping. The "Country Retreat" will include meandering streams, a water wheel, perennial gardens, water gardens and antique equipment. Show visitors can register at the garden to win the \$4,000 KMOX-AM Landscape/Classic Garden Giveaway sponsored by Prestige Landscaping and Gilbert Perennial Farms.

Kids of All Ages to Enjoy McDonald Land™

Kids of all ages will enjoy taking a peek into Ronald McDonald's home, the focal point of McDonald Land. Ronald's home will be surrounded by a fantasy landscape including a cheeseburger tree, french fry bush, apple pie plant, "Soft Drink Falls," a wishing well, topiaries and unique fountains. The landscape will be created by Krupp Home and Garden Showplace.

There will be continuous entertainment in McDonald Land including Ronald's own magic show on the porch of his home. This fun-filled area will also feature a WFUN storyteller, face painting, McDonald's characters and photo opportunities. Children 12 and under can visit the show free of charge with coupons available at all participating area McDonald's Restaurants.

Jim Wilson, Southern Host of PBS Television's "Victory Garden" and nationally known garden writer and lecturer will present "Landscaping With Container Plants, Native Trees and Herbs" in three separate seminars.

Pat Simpson, Host of Cable Television's do-it-yourself program "Backyard America," will demonstrate how to design, construct and build a wood fence and deck in the "Wood Fence Clinic" and "Deck Clinic."

Joe Freeman, Chief Horticulturist, Cypress Gardens will present "Topiary Madness," a how-to seminar on creating beautiful topiaries at home. He will also demonstrate how to create pressed flower pictures during his seminar "Horticultural Artistry."

Doug Gilbert of Gilbert's Perennial Farms, Ken Miller of the Bug Store and Jeff Holper of Holper's Pest Control are some local favorites who will be featured on the theater stage.

Brighten the Day at the English Garden

An Amdega English Conservatory will be the centerpiece of this colorful English Garden. The elegant garden will be landscaped by Saul's Custom Landscape and feature bright spring flowers and water gardens.

"Entertaining With Ease" at the Laclede Gas Cooking School
Laclede Gas Home Economists will demonstrate "Entertaining With Ease" at the Laclede Gas Cooking Show. Show visitors will learn how to make quick and easy recipes that are simple yet elegant.

FTD Florists "Under the Big Top"
St. Louis' top FTD florists will create floral arrangements centered on the theme "Under the Big Top." Arrangements will be auctioned throughout the show to benefit the Children's Miracle Network.

Find Remodeling Ideas at the Kitchen and Bath Showcases

The Kitchen and Bath Showcase is one-stop shopping for the latest in kitchen and bath design, cabinetry, fixtures and appliances. Over 95 kitchen and bath companies will fill nearly 20,000 square feet of exhibit space.

Think Spring, Visit the Lawn and Garden Showcase

This feature is St. Louis' most comprehensive display of outdoor living needs. The area includes landscaping and garden products, decks, pools, spas, sunrooms, lawn equipment, patio furniture and much more.

"Show and Tell" Garden Makes Learning Fun

Worm's Way will feature a "Show and Tell" Garden for children and adults of all ages. Educational posters will include information on organic fertilizers, pest controls, composting, hydroponic gardening and water gardening. Every child that visits the Worm's Way booth will receive a free garden starter packet.

Ideas Galore at the Interior Design Gallery and Theater

The Third Annual Interior Design Gallery will include mini-showrooms created by the area's finest furniture companies and interior designers. The gallery also includes flooring, wall coverings, mirrors, window treatments, custom artwork and decorator items. Show visitors can register for a \$4,000 KEKZ-FM Furniture Shopping Spree at either Bly's Ethan Allen or DeBeauvoir Furniture.

The KEKZ Interior Design Theater will feature local interior design experts speaking about a variety of topics including "Room for Improvement: Marvelous Interior Design Makeovers," "Spring Into Art" and "How to Decorate With Mirrors."

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**Pepsi, Diet Pepsi
or Mountain Dew**

88¢

2-LITER
BOTTLE
LIMIT 6



Shop'n Save

Pink Salmon

149

14.75-OZ.
CAN

WHILE SUPPLIES LAST

SELECTED VARIETIES

Shop'n Save

Can Vegetables

LIMIT 16 COMBINED VARIETIES

8/\$1

14 TO
15-OZ.

ASSORTED VARIETIES

Krispy

Crackers

95¢

15 TO
16-OZ.

SELECTED VARIETIES

Campbell's Healthy

Request Soup

99¢

15-OZ.
CAN

Heinz

Squeeze Ketchup

199

40-OZ.
BOTTLE

Shop'n Save

♪ The more you shop ♪
the more you save. SM

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AT STORES

Photo Processing

**ASSORTED
Gallo Livingston
Cellars Wine.....**

GENUINE DRAFT,
GENUINE DRAFT LIGHT,
Miller Lite
or Lite Ice **5.99**
12-PACK
12-OZ. CANS

**Budweiser
or Bud Light**

SELECTED VARIETIES
Franzia
Wine.....

THE CUBE
Miller High Life
Beer.....

**O'Doul's
N.A. Brew.....**

**Your Choice of Single Prints
PLUS FREE FILM
or DOUBLE PRINTS**

379
24-EXP. ROLL
3 1/2-INCH PRINTS
Everyday!

ORIGINAL COLOR PRINT FILM ONLY

Incredible Picture Offer!

12 - 3 1/2 x 5 Inch Standard Prints
2 - 5x7 Inch Prints
1 - 8x10 Inch Print

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FOR
JUST**

599

SEE STORE FOR DETAILS. FROM THE SAME
SINGLE COLOR 35 MM NEGATIVE ONLY

**HYPONEX OR
VITA HUME**

Organic Peat Moss or Top Soil

99¢
40-LB
BAG

SAVE 98¢
Papaya Plus
Shampoo or
Conditioner

199
10 TO 15-OZ.
BOTTLE

**ASSORTED
Breck Hair
Care Products 99¢ EACH**

**MEN'S, LADIES
OR SENSITIVE
Bic
5-Pack Razors.. 2/\$1**

BAUSCH & LOMB
Sensitive Eyes
Saline Solution

LIMIT 2 WHILE SUPPLIES LAST
OUR LOW SALE PRICE 99¢

Oral-B Indicator Toothbrush	24¢	<small>WITH COUPON</small>
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MANUFACTURER'S COUPON EXPIRES MARCH 12, 1995

Oral-B

* This Coupon cannot be doubled
Consumer: This coupon good only on purchase of product

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Shop 'n Save is now accepting applications for part-time employment. For more information, visit the Customer Service Counter at your nearest Shop 'n Save Store.

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Day at Shop'n Save

Video Center

AT STORES WITH VIDEO DEPARTMENTS ONLY

All New Releases
EVERY DAY LOW RENTAL PRICE **99¢** EACH

All Other Titles
EVERY DAY LOW RENTAL PRICE **49¢** EACH

All Video Games
EVERY DAY LOW RENTAL PRICE **99¢** EACH



Dairy Dept. Red Tag Values

REGULAR OR LIGHT
I Can't Believe It's Not Butter

99¢ 16-OZ. TUB

CALIFORNIA STYLE OR CITRUS PUNCH
Sunny Delight

1.99 GALLON

ASSORTED PURE PREMIUM
Tropicana Orange Juice **2/\$5** 64-OZ. CARTON

REG. OR LITE
Pevely Sour Cream or Onion Dip **2/95¢** 8 OZ.

INDIVIDUALLY WRAPPED
SHOP'N SAVE
American Cheese Product **99¢** 12 OZ.

SHOP'N SAVE
Homogenized, 2% or Skim Milk **1.39** HALF GALLON

Shop'n Save
Spread **1.19** 3-LB. BOWL

More Great Dairy Values In-Store!



LIMIT 2 WHILE SUPPLIES LAST
3-M Video Tapes

2/\$3



Our Entire Line of Greeting Cards Discounted 20% From Marked Pre-Price EVERYDAY!

Frozen Food Red Tag Values

ORIGINAL OR THINCRUST
Tombstone 12-Inch Pizza

2/5.98 18 TO 23.6-OZ. PKG.

SHOP'N SAVE
FROZEN
Shop'n Save Orange Juice
2/\$1 12-OUNCE CAN

Welch Frozen Grape Juice **89¢** 12 OZ.

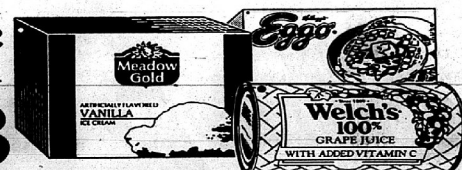
MEADOW GOLD
Ice Cream Sandwiches or Dreamsicles **99¢** 6 PACK

EVERYDAY LOW PRICE
APPLE OR CHERRY Banquet Fruit Pie **99¢** 20 OZ.

EVERYDAY LOW PRICE
Eggo Waffles **2/\$3** 11 OZ.

ASSORTED VARIETIES
Meadow Gold Ice Cream **1.79** HALF GALLON

Meadow Gold Fudge Bars **99¢** 6 PACK



Enjoy Total Value In Our Freezer Dept. Everyday!

03083A

SAVE the GREEN!

Total Value for St. Patrick's Day

DAVID'S POINT CUT, 3 TO 4 LB. AVG.
Brisket Corned Beef



85¢
lb.

LIMIT 3 PKGS. WITH
\$10.00 ADDITIONAL
PURCHASE

REGULAR OR THICK
**Oscar Mayer
Bacon**

1.99
1-POUND
PACKAGE

REGULAR, LIGHT OR GARLIC
**Oscar Mayer
Bologna**

.99¢
1-LB.
PKG.

**Louis Rich
Ground Turkey**

.99¢
1-LB.
ROLL

ALL VARIETIES
**R.B. Rice
Pork Sausage**

1.89
1-POUND
ROLL

**Field Fresh Lite
Ham Sausage**

1.39
1-POUND
ROLL

STICKS OR FILLETS
**Mrs. Paul's Crispy
Crunchy Fish**

3.69
19.2 TO
20.1-OZ.

REG., LITE OR POLSKA
**Hillshire Farm
Smoked Sausage ...**

1.99
lb.

BROWN N SERVE
**Swift
Sausage Links**

.99¢
7 TO
8-OZ.

ORIGINAL
**Johnsonville
Fresh Bratwurst**

2.09
lb.

FAMILY SIZE
**Micheline's
Entrees**

2/\$5
30-OZ.
PKG.

CHOPPED HAM OR
**Oscar Mayer
Ham & Cheese**

2/3.79
1-POUND
PACKAGE

Lenten Values!

**Whole
Skinned Whiting**

.99¢
lb.

Deli/Bakery

**Patrick Cudahy
Boiled Ham**

2.99
lb.

**For Better
Health!**



**Fresh
Green Cabbage**

1.11¢
lb.
LIMIT 3 HEADS

MILD
**Jumbo
Cod Fillets**

2.89
lb.

FRESH
**Salmon
Steaks**

3.99
lb.

ST. LOUIS FAVORITE
**Provel
Cheese**

3.99
lb.

**Fresh Baked
Sub Buns**

.99¢
4 PAK

MEDIUM
**Yellow
Onions**

.78¢
3-LB.
BAG

**Texas Ruby
Red Grapefruit**

5/98¢
48 CT.

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FAMILY



Reflections — Prather School recently held a Parent Teacher Association-sponsored "Reflections program," a cultural arts program which encourages students to express their thoughts and feelings through the creative arts. This year's "Dare to Discover." The winners in the photography category were Loren Blankley, Louise Kampouris, Abby McKee and Jessica Caldwell. Winners in the visual arts category were Richard Phelps, Lauren Medley, Heather Ryan and Jennifer O'Connor. The literature category winners were Andrew Stille, Timothy Baker, Robert Jones, Roberto Vielmia, Dustin Shands, Ray Armer, Courtney Testerman, Laura Hays, Jennifer Moreland, Clifford Schaefer, Cory Thompson, Travis Keeton and Sabrina Miller.

Honor roll

Holy Family School has announced its honor roll for the second semester of the 1994-95 school year. Following are the list of students who made the "high honors" in which the student must carry a 3.5 average or above on a 4.0 scale. "Honors" students carry at 3.0 to 3.4 average.

Fourth grade high honors:
Ryan Brockner, Eric Brewer, Crista Brissette, Brittney Bulva, Jessica Cavins, Jonathan Cavins, Aaron Craft, Matthew Gattung, Jessica Geer, Emily Hayes, Libby Kelley, Melissa Konshor, Jonathan Kozak, Brittney Kuit, Andy Marti, Andy Mell, Jennifer Miller, Jaime Prazma, Luke Shiley, Jennifer VonNida and Sarah Whitecotton.

Fifth grade high honors:
Ashley Austin, Eric Barger, Elliott Bosslet, Erin Brown, Katie Carpenter, Megan Coghlan, Kara Dusky, Elizabeth Dochwal, Jada Foster, Thomas Harrington, Joe Kramer, Frances Long, Kristen Lux, Annesa Martinez, Kelly Muehl, Laura Richardson, Paul Rotter,

Jackie Schooley, Kristen Thebeau, Rachel Turek, Erin Tyler, David Wallace, Chrissy Webb, Tara Webb, Brian Werner and Josh Zellerman.

Fifth grade honors:
Tasha Ash, Jennifer Benz, Matthew Brockner, Zac Coulter, Joey Lehne, Regina Mantia, Christina Obrenski, Carrie Pedigo and Michael Vivod.

Sixth grade high honors:
Sarah Angerillo, Stephen Bledsoe, Jessica Boyer, Daniele Brame, Lindsay Bulva, Ashley Burdge, Scott Carney, Erika Cavins, Zac Cochran, Andrew Craft, Jamie Gavilsky, Ben Hayes, Emily Kelahan, John Lusieci, Stacie Marler, Penny Meyer, Sara Myers, Jessie Oates, Elizabeth Przygodna and Joshua Reyes.

Sixth grade honors:
Leslie Bone, Kim Deloney, Chris Eilers, Scott Jensen, Larry Lovett and Sandy Miller.

Seventh grade high honors:
Latasha Booker, Erin Boyer, Sarah Carmody, Richie Carney, Camille Fensterman, Jessica Ponder, Lisa Hayes, Aaron

Holt, Jeff Jerden, Aisha Johnson, April Jordan, Renee Kramer, Angela Kromraj, Kato Marzluft, Megan Mehelic, Tony Mell, Elizabeth Muehl, Matt Pistorius, Michael Reagan, Katie Ronk, Nathan Smith, Sarah Turk and Jessica Wallace.

Seventh grade honors:
Kevin Atkins, Elizabeth Rooney and Kendra White.

Eighth grade high honors:
Bobby Bosslet, Amanda Brasfield, Kathleen Curtin, Kelly Fortune, Casey Grieve, Sara Holbrook, Craig Mooshagian, Amy Pennell, Dawn Turner and Laura Weissenborn.

Eighth grade honors:
Tim Vandaveer.

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St. Agatha Church Choir to perform

The St. Agatha Church Choir in St. Louis will make a special appearance at the 10 a.m. Tridentine Latin Mass on Sunday, March 12, at the historic Holy Family Log Church in Cahokia.

The choir, under the direction of its founder and organist, John Martens, has been singing the traditional liturgy each Sunday at St. Agatha's, located at Ninth and Utah streets in St. Louis. This will be the choir's first visit to the historic church that was built in 1799 and believed to be the only upright log church still in use on the North American continent.

The Holy Family Parish was founded in 1699 and is recognized as being the oldest continuously operating parish in the United States. "We would very much enjoy having visitors to our historic church, especially on the occasion of the visit of St. Agatha's choir on March 12," Father John Myler said.

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1994 Pontiac Grand Am	1994 Pontiac Sunfire	1994 Grand Prix
Loaded Stk. # R2600 \$11,495	Loaded Stk. # R2600 \$11,495	Loaded Stk. # R2634 \$13,495

*1994 Buick Skylark, Pontiac Sunfire, and Pontiac Grand Prix are shown. Prices include applicable taxes, title, license and Doc Fees. Not Included.

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Youth's, boys & men's sizes

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Wide sizes

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ONLY \$9.99
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Women's Sizes 6-10
Brown

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ONLY \$24.99
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Mootsies LEATHER FLAT
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